



HEALTH PROFESSIONS LICENSING AUTHORITY	
TITLE: Delegated Cosmetic Injection Protocol	
EFFECTIVE DATE: June 2006	REVIEW DATE: June 2008
BOARD: Nursing and Midwifery Board of the Northern Territory	

Preamble

This policy has been developed to provide clear direction to registered nurses who work in the cosmetic medicine arena about best practise standards when administering S4 substances for cosmetic use.

Registered nurses performing delegated cosmetic injections must:

- have current registration in the Northern Territory as a nurse
- be covered by the practice insurance policy, or in the case of an independent contractor have his or her own policy;
- have had adequate training in the particular procedures; and
- have been certified as competent where certification exists, or deemed competent by a trainer approved by the supervising medical practitioner.

The Board does not approve enrolled nurses performing delegated cosmetic injections.

Legislative requirements

Section 71 of the *Poisons and Dangerous Drugs Act* allows a person who is in the possession of a poison that has been supplied to that person by or on the prescription of a medical practitioner, to administer that poison to another person in accordance with the direction of a medical practitioner.

Treatment plan

Prior to the registered nurse administering any S4 medicines for cosmetic use the medical practitioner must have consulted face-to-face with the patient and formulated a written treatment plan. The plan must:

1. cover a time period of no greater than one year
2. stipulate the areas to be treated;
3. state which medications are to be used;
4. set the maximum number of procedures; and
5. state the maximum dosages of the medications to be administered.

The patient and treatment plan must be reviewed:

1. at the expiration of the set time period;
2. if unexpected side effects have occurred;
3. if the patient or the registered nurse are unhappy with the results;
4. if new indications for the ordered medications were contemplated;

5. if other medications were considered for the original or new indications; or
6. if the original presentation were altered by eg surgery, trauma, pregnancy or other procedures for which the original treatment plan did not cater.

Supervision

The registered nurse may perform delegated cosmetic S4 injections at adequately equipped premises that are distant from the medical practitioner's consulting rooms if there are treatment plans in place for all patients. The supervising medical practitioner must be readily contactable to provide assistance and advice, but need not be on site.

References

Cosmetic Physicians Society of Australasia – *Delegated Cosmetic Injection Protocol*
May 2006