

OPTOMETRISTS BOARD OF THE NORTHERN TERRITORY

Ocular Therapeutics Formulary

Registered optometrists

A registered optometrist who practises in accordance with the Optometrists Association of Australia Competency Standard for entry-level may be authorised to supply¹ substances listed under Schedule A for the purpose of diagnosing ocular conditions.

Registered optometrists with authorisation for ocular therapeutics

Authorised optometrists may sell² or supply substances listed under Schedule B in topical form only. All ocular therapeutic substances must be used in accordance with the Board's Ocular Therapeutics Protocol and clinical pathways, and through co-management and referral where appropriate.

Schedule A	Schedule B
Amethocaine	Aciclovir
Cyclopentolate	Apraclonidine ³
Lignocaine	Atropine
Oxybuprocaine	Betaxolol ³
Phenylephrine	Bimatoprost ³
Pilocarpine	Brimonidine ³
Proxymetacaine	Brinzolamide ³
Tropicamide	Carbachol ³
	Chloramphenicol
	Ciprofloxacin
	Dexamethasone
	Diclofenac
	Dipivefrine ³
	Dorzolamide ³
	Fluorometholone
	Flurbiprofen
	Framycetin
	Gentamicin sulfate
	Homatropine

¹ Under section 29 of the Poisons and Dangerous Drugs Act "supply" includes administer and having in possession for the purpose of supply or administration.

² Under section 29 of the Poisons and Dangerous Drugs Act optometrists may issue a prescription for or supply ocular therapeutics with or without charge. Only under limited circumstances, which are described in the Ocular Therapeutics Protocol, may optometrists "sell" directly to the public.

³ Glaucoma medications are only to be prescribed where a shared care agreement with an ophthalmologist is in place or where approval has been given by an ophthalmologist in an emergency situation.

	Hydrocortisone
	Indomethacin
	Ketorolac
	Ketotifen
	Latanoprost ³
	Levobunolol ³
	Levocabastine
	Lodoxamide
	Neomycin/ PolymyxinB/Bacitracin
	Neomycin/ PolymyxinB/ Gramicidin
	Ofloxacin
	Olopatadine
	Pilocarpine ³
	Prednisolone
	Sodium cromoglycate
	Tetracycline
	Timolol ³
	Tobramycin
	Travoprost ³
