

This resource directory was developed through funding from the Expanding Health Service Delivery Initiative and the Health Promotion Strategy Unit. It contains a listing of some of the health education resources available in the Northern Territory and across Australia. The purpose of this directory is to direct health professionals working in the Northern Territory to resources that may be useful to assist in educating clients about their health.

The resources have been listed by health topic and then alphabetically listed in each section. If using this directory electronically each heading in the contents page has been hyperlinked to its corresponding section and there is a link at the end of each section that will take you to the Contents Page

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Some of the resources in this directory have been developed for Aboriginal and or Torres Strait Islander peoples not originating in the Northern Territory. Everyone using this directory will need to consider carefully the appropriateness of the resources prior to utilising them with clients or in Aboriginal and Torres Strait Islander communities. Please note that while this directory is accurate at the time of completion; the NT Department of Health does not accept responsibility for any errors, omissions or inaccuracies it may contain.

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Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Australian Indigenous Health Bulletin	Electronic Journal	2009	Australian Indigenous HealthInfoNet Kurongkurl Katitjin School of Indigenous Australian Studies Edith Cowan University 2 Bradford Street, Mt Lawley WA 6050 Ph: (08) 9370 6109 Fax: (08) 9370 6022 Email: healthbulletin@ecu.edu.au Website: http://healthbulletin.org.au/	Peer reviewed journal which covers latest research and programs being implemented around Aboriginal and Torres Strait Islander Health and Wellbeing	Free online
CARPA Manual 4th Edition	Manual SOLD OUT		Central Australia Rural Practitioners Association (CARPA) Publications Pox Box 4066 Alice Springs, NT 0871 Ph: (08) 8951 4700 Fax: (08) 8951 4777 Email: admin@carpa.org.au Website: http://www.carpa.org.au/ Sections are available for download at: http://www.carpa.org.au/fcontact.htm	The CARPA manual outlines the standard treatment guidelines for clinicians in rural and remote areas. These guidelines are intended to standardise clinical practice in remote regions and be continually updated as new benchmarks are established SOLD OUT- 5th Edition will be available soon	\$35.00 + P&h
CARPA Reference Manual	Manual		See above (CARPA Manual) Central Australia Rural Practitioners Association (CARPA) Publications Available for download at http://www.carpa.org.au/fmanual.htm	The Reference Manual which complements the CARPA Standard Treatment Manual (see above)	Unknown

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Discover Menzies	Newsletter	Ongoing	Menzies School of Health Research PO Box 41096, Casuarina NT 0811 Ph: (08) 8922 8196 Fax: 08 8927 5187 Email: info@menzies.edu.au Website: http://www.menzies.edu.au/ To download: http://www.menzies.edu.au/publications/discover-menzies-newsletters	Newsletters detailing current initiatives running through Menzies Most appropriate for clinicians and interested parties as a way to identify partnerships and possible resources under development	Free
Growing Healthy Aboriginal Kids: The Early Years 1 – 5	DVD	2005	Rural Health Education Foundation PO Box 324, Curtin, ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more information on the DVD and to order (you will need to register) please visit the following webpage: http://www.rhef.com.au/programs/program- 1/?program_id=82	This DVD highlights the key programs and strategies that have a positive impact on the health and wellbeing of Aboriginal and Torres Strait Islander Children aged 5 years and under **** Warning to viewers: This program contains images of people who are deceased	\$105 per copy
Healthy Kids Under 5	Screening Tool	2009	NT Department of Health Maternal, Child and Youth Health Program PO Box 40536, Casuarina NT 0811 HKU5 Project Officer - Lesley Nuttall Ph: (08) 8985 8029 Fax (08) 8985 8016 Email: lesley.nuttall@nt.gov.au	This is a screening tool to monitor the health and wellbeing of children under 5. Specifically for use by staff in health centres and for Remote Area Midwives where appropriate	Free

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Healthy Murri, Healthy Islander- Strong Hearts, Strong Minds	Manual	2008	Queensland Health QLD Health Tropical Public Health Unit 19 Aplin Street Cairns, QLD 4870 Ph: (07) 4050 3600 Website: http://www.health.qld.gov.au/lightenup/ resources.asp To download: http://www.health.qld.gov.au/ph/Documents/saphs/ atsi_healthy_heart.pdf	An A5 booklet that is designed for use with Aboriginal and Torres Strait Islander people. Very pictorial resource It covers topics related to decreasing the risk of cardiovascular disease including: Nutrition Physical Activity Tobacco use Alcohol and Other Drugs Mental Health issues	Free to Download
"Jabby and Friends"	DVD	2009	Rebels Films Australia 31 Western Street Brunswick Victoria, 3056. Ph: (03) 9388 2788 Fax: (03) 9388 2910 Email: info@rebelfilms.com.au Website: http://www.rebelfilms.com.au/education/index.html	DVD designed specifically for Aboriginal and or Torres Strait Islander children and their parents. Jabby covers the following topics - eyesight, scabies, smoking, nutrition, showering, healthy choices	\$66
Living Strong Program	Kit	2009	Dr Edward Koch Foundation 6 Aplin Street, Cairns PO Box 2964, Cairns 4870 Ph: (07) 4031 0145 Fax: (07) 4031 0744 Email: dulcie.bird@kochfoundation.org.au Website: http://www.kochfoundation.org.au/index. php To order please download the order form from: http://www.kochfoundation.org.au/educational_re-sources.html	The Living Strong Program is a weight management and healthy lifestyle program targeting Aboriginal and Torres Strait Islander people in rural remote and urban communities. The program covers food and nutrition aspect as well as physical activity. It includes a CD and PowerPoint presentations to assist health workers or community educators in delivering the Living Strong Program	Free

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
	Facilitators manual	2009	See above (Living Strong Program) Dr Edward Koch Foundation	Includes a CD and PowerPoint presentations for a health worker or community educator to assist in delivering the Living Strong Program	\$65
	Workshop Flip charts Set of 9 A2	2009	See above (Living Strong Program) Dr Edward Koch Foundation	Why do people get too heavy?, What to eat to stay healthy, move more & lose more Buying healthy food, self esteem & behaviour change, diabetes awareness Cooking, How to spend your food shopping money and Staying on track Designed for use by health workers	\$690
	Living Strong Healthy Lifestyle Cookbook	2009	See above (Living Strong Program) Dr Edward Koch Foundation	This cookbook provides a variety of healthy recipe ideas and some traditional cooking. The recipes contain information about the number of serves of fruit and vegetables	Free
	What's in Food Photos- set of 64 A4 Photos	2009	See above (Living Strong Program) Dr Edward Koch Foundation	Set of 64 full colour photos highlighting the amount of fat in foods	\$200
	Aboriginal and Torres Strait Islander Guide to Healthy Eating Vinyl Mat	2009	Mac Print Mackay Qld 4870 Ph: (07) 4957 3983 Fax: (07) 4957 3985 or Email: print.it@bigpond.net.au	This is a mat that is without graphics and will assist with many of the activities in the program	\$121
	What's In Food Breakfast Poster	2009	See above (Living Strong Program) Dr Edward Koch Foundation	See above (Living Strong Program)	\$28

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
	What's In Food Takeaway Poster	2009	See above (Living Strong Program) Dr Edward Koch Foundation	See above (Living Strong Program)	\$28
	What's In Food Dinner Meals Poster	2009	See above (Living Strong Program) Dr Edward Koch Foundation	See above (Living Strong Program)	\$28
	What's In Food Snacks Food Poster	2009	See above (Living Strong Program) Dr Edward Koch Foundation	See above (Living Strong Program)	\$28
	What's in Foods Poster Kit- Set of 4	2009	See above (Living Strong Program) Dr Edward Koch Foundation	See above (Living Strong Program)	\$112
	T Shirts	2009	See above (Living Strong Program) Dr Edward Koch Foundation	See above (Living Strong Program)	\$27.50
	Video/ DVD- Don't Dream Just Do it	2009	See above (Living Strong Program) Dr Edward Koch Foundation	Provides low intensity physical activity options to help people become more active	\$16
Menzies Fact Sheets	Fact sheets	Misc	Menzies School of Health Research PO Box 41096 Casuarina NT 0811 Ph: (08) 8922 8196 Fax: (08) 8927 5187 Email: info@menzies.edu.au Website: http://www.menzies.edu.au/ To download: http://www.menzies.edu.au/publications/menzies-fact-sheets	Fact sheets on research and current projects being conducted at Menzies School of Health Research	Free to download

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Medicines Book for Aboriginal Health Workers	Manual	2003	Central Australia Rural Practitioners Association (CARPA) Publications Pox Box 4066, Alice Springs, NT 0871 Ph: (08) 8951 4700 Fax: (08) 8951 4777 Email: admin@carpa.org.au Website: http://www.carpa.org.au/ For details: http://www.carpa.org.au/fcontact.htm	Book outlining common medications and their uses	\$25.00 + P&h
Minymaku Kutju Tjukurpa Women's Business Manual	Manual	Unknown	This manual is a joint project of Nganampa Health Council, Congress Alukura and the Centre for Remote Health. To purchase, contact: Centre for Remote Health PO Box 4066, Alice Springs NT 0871 Ph: (08) 8951 4700 Fax: (08) 8951 4777 Email: crh.reception@flinders.edu.au Or download Order Form: http://www.nganampahealth.com.au/	The fourth edition of Minymaku Kutju Tjukurpa - Women's Business Manual is now available for purchase through the Centre for Remote Health This is a standard treatment manual for Aboriginal women's health issues	\$60 + \$10 p&h Currently only available for dissemination in Australia.
National Guide to Preventative Health Assessment in ATSI People	Guidelines booklet	2005	National Aboriginal Community Controlled Health Organisation 15 Torrens Street, Braddon ACT 2612 Ph: (02) 6248 0644 Fax: (02) 6248 0744 Email: elaine@naccho.org.au Website: http://www.naccho.org.au/ Download from: http://www.naccho.org.au/Files/Documents/National%20guide%20to%20preventive%20health%20 assessment.pdf	Guidelines for clinicians working with Aboriginal and or Torres Strait Islander people This would be most useful for acute health services and screening staff members	Free to Download

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
"Public Health Bush Book" Vol 1 & 2 3rd Editions	Manual	Volume 1: 2007 Volume 2: 2005	NT Department of Health Health Promotion Strategy Unit (HPSU) PO Box 40536, Casuarina NT 0811 Ph: (08) 8985 8015 Fax: (08) 8985 8016 Website: http://www.health.nt.gov.au/Health_Promotion/index.aspx	Covers a number of health topics relating to rural and remote health promotion	Vol 1- \$55.00 Vol 2- \$33.00 + P&H- \$7.10
Remote and Rural Transition Toolkit	Toolkit	2009	Services for Australian Rural and Remote Allied Health 10 Campion Street Deakin ACT 2600 Ph: (02) 6285 4960 Free Call (Scholarships): 1800 338 061 Fax: (02) 6162 4094 Email: sarrah@sarrah.org.au Website: http://www.sarrahtraining.com.au/site/index.cfm	Toolkit designed to act as an information resource for health workers that are new to rural areas. Gives an overview of the support available and where information can be accessed	Free Online
Stay Strong	DVD	2009	Rural Health Education Foundation PO BOX 324 Curtin ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more specific information please see: http://www.rhef.com.au/programs/program-1/?program_id=352	30 minute documentary on successful community programs; aimed at Indigenous youth aged between 6 and 12 years; that focus on health promotion and prevention Looks specifically at programs around nutrition, education and a strong cultural identity	\$105 or free if you're working with Aboriginal or Torres Strait Islander people

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Step By Step- Indigenous Kids 6 – 12 Years	DVD	2008	Rural Health Education Foundation PO BOX 324 CURTIN ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more specific information on this DVD please see: http://www.rhef.com.au/programs/program- 1/?program_id=337	This is a 60 minute documentary on community programs with a focus on health promotion and primary prevention for Indigenous children aged between 6 and 12 years Extended version of the Stay Strong program	\$105 per copy
Uwunkara Palyanku Kanyintjaku (UPK) Health Promotion Songs	Music CDs	1989 - 2005	Nganampa Health Council Alice Springs Office 3 Wilkinson Street Alice Springs NT 0870 PO Box 2232, Alice Springs, NT, 0871 Ph: (08) 8952 5300 Fax: (08) 8952 2299 Website: http://www.nganampahealth.com.au/ Order online: http://www.nganampahealth.com.au/index. php?option=com_ixxocart&Itemid=29&p=catalog&parent=3&pg=1	Series of 4 CDs with health promotion songs CDs cover a range of health issues including: Petrol sniffing, Alcohol and other drugs Parenting Environmental Health Health resources and behaviours Tobacco Nutrition	Various

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Youth Health Manual	Manual/Kit	2009	Geraldton Regional Aboriginal Medical Service (GRAMS) Rifle Range Rd Rangeway WA 6530 Ph: (08) 9956 6555 Fax: (08) 9964 3225 To order contact the Healthy for Life Coordinator Ph: (08) 9956 6555 Fax: (08) 9956 6599 Email: milk@grams.asn.au	Launched in July 2009 - looks at a collection of health information for teenagers and young adults. This includes alcohol, sexual health, nutrition, physical activity, pregnancy, emotions andn wellbeing Concepts were developed by students and young people residing in the Geraldton Area	\$275.00 for the manual. This purchase includes the rights to reproduce and adapt — however you are required to give credit to GRAMS

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Diabetes – (Sugar Sickness, Sleepy Sickness) "One Tucker, One Family" Keep Families Strong	Flip Charts	1996	Healthy Living NT Shop 1 and 2 Tiwi Place, Tiwi, NT 0810. PO Box 40113, Casuarina, NT 0811. Ph:(08) 8927 8488 Fax: (08) 8927 8515 Email: info@healthylivingnt.org.au Website: http://www.healthylivingnt.org.au/ Download Order Form from: http://www.healthylivingnt.org.au/content/?id=84 or Access Order Form directly from: http://www.healthylivingnt.org.au/ content/?action=getfile&id=522	Newsletters detailing current initiatives running through Menzies Most appropriate for clinicians and interested parties as a way to identify partnerships and possible resources under development	Free
	A3 Landscape	1996	See above (Keep Families Strong) Healthy Living NT	Flipcharts about Diabetes designed specifically for Aboriginal and Torres Strait Islander clients	\$155.00
	A4 Landscape	1996	See above (Keep Families Strong) Healthy Living NT	Flipcharts about Diabetes designed specifically for Aboriginal and Torres Strait Islander clients	\$125.00
Keep Culture, Life and Family Strong	Misc	2004	Healthy Living NT Shop 1 and 2 Tiwi Place, Tiwi, NT 0810. PO Box 40113, Casuarina, NT 0811. Ph:(08) 8927 8488 Fax: (08) 8927 8515 Email: info@healthylivingnt.org.au Website: http://www.healthylivingnt.org.au/ Download Order Form from: http://www.healthylivingnt.org.au/content/?id=84 or Access Order Form directly from: http://www.healthylivingnt.org.au/ content/?action=getfile&id=522	Project aimed to educate Aboriginal and Torres Strait Islander People about diabetes and how they can prevent and manage diabetes Funded by the Department of Health and Ageing through Diabetes Australia and reprinting and distribution has been funded National Diabetes Services Scheme (NDSS)	

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Part 1 - How Do you Feel?	Flipchart A4 Landscape	2004	See Above (Keep Culture, Life and Family Strong) Healthy Living NT	Outlines the signs and symptoms of diabetes - helps to raise awareness of what signs to look out for among those not currently diagnosed with diabetes and prepare those who have been diagnosed for symptoms they may experience	\$63.00
Part 2- What Is it?	Flipchart A4 Landscape	2004	See Above (Keep Culture, Life and Family Strong) Healthy Living NT	Flipchart outlining the different types of diabetes and the characteristics of each	\$63.00
Part 3- What Do I Do?	Flipchart A4 Landscape	2004	See Above (Keep Culture, Life and Family Strong) Healthy Living NT	Flipchart designed to educate clients on how they can help to prevent and manage diabetes once diagnosed. Covers physical activity, nutrition and other lifestyle factors	\$70.00
Part 4 - What for Take Medicine?	Flipchart A4 Landscape	2004	See Above (Keep Culture, Life and Family Strong) Healthy Living NT	Flipchart deigned to educate clients on common medicines prescribed for diabetes and why people need to take them, how they work and why it's important to take them as prescribed	\$70.00
Part 5 - Why Me?	Flipchart A4 Landscape	2004	See Above (Keep Culture, Life and Family Strong) Healthy Living NT	Flip chart designed to educate ATSI clients about why they or their family members may have developed diabetes (predominantly about Type 2 Diabetes). Deals with physical activity, nutrition, lifestyle changes, and shift in cultural practices	\$70.00
Parts 1 – 5 Complete Pack	Kit	2004	See Above (Keep Culture, Life and Family Strong) Healthy Living NT	A kit that contains all of the above 5 flipcharts	\$336.00
Keep Culture, Life and Family Strong Hand Book	A5- (Black and white)- Booklet	2004	See Above (Keep Culture, Life and Family Strong) Healthy Living NT	A 10 page handbook, in black and white, designed to be used in conjunction with Part 1 "How do you feel?"	\$15.00 per 10pk

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Keep Culture, Life and Family Strong - Poster	Poster	2004	See Above (Keep Culture, Life and Family Strong) Healthy Living NT	Poster associated with Part 1 "How Do You Feel?"	\$8.00
"Keep Your Feet Healthy"	Flipchart A4 Landscape	Unknown	Healthy Living NT Shop 1 and 2 Tiwi Place, Tiwi, NT 0810. PO Box 40113, Casuarina, NT 0811. Ph:(08) 8927 8488 Fax: (08) 8927 8515 Email: info@healthylivingnt.org.au Website: http://www.healthylivingnt.org.au/ Download Order Form from: http://www.healthylivingnt.org.au/content/?id=84 or Access Order Form directly from: http://www.healthylivingnt.org.au/ content/?action=getfile&id=522	Flipchart to educate clients on the importance of caring for your feet when you have diabetes	\$35.00
The Diabetes Story	Download from the Internet, Video, DVD or CD-ROM	2005	Central Australian Aboriginal Congress PO Box 1604 25 Gap Rd, Alice Springs NT 0871 Ph: (08) 8958 3664 Fax: (08) 8953 0350 Email: promotions@caac.org.au Website: http://www.caac.org.au/ Downloadable from the following website - please take note of instructions: http://www.caac.org.au/thediabetesstory/ Produced in Conjunction with Healthy Living NT, Central Australian Division of Primary Health Care, and Federal Department of Communication, Information, Technology and the Arts	An educational story on Diabetes - can be used by health professionals with clients or clients. Available in 4 languages Warlpiri Arrernte Pitjantjatjara English	Free to download from the website May be costs involved in purchasing the DVD/CD

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
What Is Diabetes	Manual/Booklet	2004	QLD Health Tropical Public Health Unit Network 19 Aplin Street , Cairns QLD 4870 Ph: (07) 4050 3600 Website: http://www.health.qld.gov.au/ph/tropical/default.asp Available for download: http://www.health.qld.gov.au/ph/Documents/tphn/21948.pdf	Poster associated with Part 1 "How Do You Feel?"	\$8.00

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Aboriginal and Torres Strait Islanders Guide to Healthy Eating	Leaflet/Flyer and Educators Resource (Manual/ Guidebook)	2005	NT Department of Health Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811 Ph: (08) 8985 8021 Fax (08) 8985 8016 Website: http://www.health.nt.gov.au/Nutrition_and_ Physical_Activity/index.aspx Can be accessed from the following webpage: http://www.health.nt.gov.au/Nutrition_and_Physical_Activity/Publications/index.aspx	Guidelines/manual designed to advise on health eating practices for Aboriginal and Torres Strait Islander clients	Free to download
Bush Tucker- Lockhart River	DVD/Video	2007	Produced by Health Interactive Technology Network National HITnet Development Program, 101 Sheridan Street Cairns QLD 4870 Ph: (07) 4080 3102 Fax: (07) 4080 3145 Email: info@hitnet.com.au Website: www.hitnet.com.au	This is a documentary about the bush tucker available in Lockhart River (far north QLD) during the Wet Season. A version of the Dry Season documentary is up and coming	Free to download
Eat Better Move More	Kit	2009	NT Department of Health Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811 Ph: (08) 8985 8021 Fax (08) 8985 8016 Website: http://www.health.nt.gov.au/Nutrition_and_ Physical_Activity/index.aspx For more information: http://www.health.nt.gov.au/Nutrition_and_Physical_Activity/Publications/index.aspx	Kit for health professionals working with communities. Designed to assist in educating about nutrition and physical activity	Free in the Northern Territory

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Eat Good Food to be Healthy and Strong	Poster	Unknown	NT Department of Health Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811 See above Download directly from: http://digitallibrary.health.nt.gov.au/dspace/bit-stream/10137/127/1/eat_good_food_poster.pdf	Poster breaking down which foods make up a balanced diet for Aboriginal and Torres Strait Islander clients	Free to download
Flour drum Stove Cookbook	Book	Updated 2009	NT Department of Health Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811 See above Download directly from: http://www.health.nt.gov.au/Nutrition_and_Physical_Activity/Publications/index.aspx	Book offers useful information on how to cook healthy meals in areas where electricity or other cooking facilities are not available. Includes instructions on making the stove, how to cook with the stove and some recipes for healthy inexpensive meals	Free
Food Buyers Guide for Remote Indigenous Store Owners/ Managers	Booklet/Guide	2008	Heart Foundation Darwin Darwin Central Offices 3rd Floor 21 Knuckey Street, Darwin NT 0800 Ph: (08) 8981 1966 Email: reception-darwin@heartfoundation.org.au Alice Springs Shop 1, 9 Parsons Street, Alice Springs NT 0870 Ph: (08) 8953 5942 Website: http://www.heartfoundation.org.au/Contact_Us/Pages/default.aspx Download directly from: http://www.heartfoundation.org.au/SiteCollection-Documents/RIST%20HF%20Buyers%20Guide.pdf	Guidelines for managers or owners of food outlets in remote communities on purchasing healthy food to sell	Free to download

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Go for 2&5 Program.	Living Strong Healthy Lifestyles Cookbook	2008	NT Department of Health Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811 Ph: (08) 8985 8021 Fax (08) 8985 8016 Website: http://www.health.nt.gov.au/Nutrition_and_ Physical_Activity/index.aspx For more information: http://www.gofor2and5.com.au/campaign. aspx?c=5&a=28&s=71&t=197&n=407 Download directly from: http://www.gofor2and5.com.au/DataStore/files/pdf/ QLD/QLD-ATSI%20Cookbook-Feb09.pdf	Designed for use by Aboriginal and Torres Strait Islander people	
	Slam Dunk Fruit and Veg Poster	2005	See above (Go for 2&5 program Cookbook) NT Department of Health	Poster designed to encourage and raise awareness of healthy foods	Free to download
	Fuel to Go Go Go Poster	2005	See above (Go for 2&5 program Cookbook) NT Department of Health	Poster designed to encourage and raise awareness of healthy foods	Free to download
	Recipe Cards	2005	See above (Go for 2&5 program Cookbook) NT Department of Health	Cards listing simple, easy to cook, healthy recipes	Free to download
Grow Strong Program	Series of brochures	2008	Queensland Health Tropical Public Health Unit Network 19 Aplin Street Cairns QLD 4870 Ph: (07) 4050 3600 Website: http://www.health.qld.gov.au/ph/tropical/default.asp Download from: http://www.health.qld.gov.au/ph/documents/hpu/growing_strong.asp	 Pregnancy and Diabetes Breast feeding Good for baby, Good for Mum How to breast feed Starting Solids Iron Rich Foods for Babies and Growing Children Healthy Foods for Children 1-4 Healthy Drinks for Children 1-4 Health Food ideas for Children 1-4 and older 	Free to download- Please note they are only available for hard copy in Queensland.

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Grow Strong Program	Flipcharts	2008	Edward Koch Foundation Dr Edward Koch Foundation Pty Ltd P O Box 2964 Cairns QLD 4870 Ph: (07) 4031 0145 Fax: (07) 4031 0744 Email: dulcie.bird@kochfoundation.org.au Website: www.kochfoundation.org.au/ To order: http://www.health.qld.gov.au/ph/documents/hpu/ gs_flipchart_order.pdf	Flipcharts that complement the Living Strong program resources	\$185.00 + P&H
HEALInG program (Healthy Eating Activities and Lifestyles for Indigenous Groups)	Handbook/ Manual	2005	North Coast Area Health Service, Health Promotion Unit PO Box 498, Lismore, NSW 2480. Ph: (02) 6620 7500 Fax: (02) 6622 2151 Alternatively, please contact: Aboriginal Health Promotion Officer Ph: (02) 66 207 590 Fax: (02) 66 222 151 Download from: http://www.ncahs.nsw.gov.au/echidna/index. php?pageid=1274&siteid=208	Guidebook for facilitators to run information and training sessions in healthy cooking/foods and lifestyle behaviours. The HEALING Program is run over 10 weeks	Free to download

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Infant Feeding-	Manual	2007	NT Department of Health		Free
Information for Health			Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811		
Professionals			Ph: (08) 8985 8021 Fax: (08) 8985 8016		
			Website: http://www.health.nt.gov.au/Nutrition_and_ Physical_Activity/index.aspx		
			Download from:		
			http://www.health.nt.gov.au/Nutrition_and_Physical_Activity/Publications/index.aspx		
			Or access directly from:		
			http://digitallibrary.health.nt.gov.au/dspace/bit-stream/10137/72/1/Infant_Feeding_information_for_professionals_june_2007.pdf		
KAMCS Eat	A3 Poster	Unknown	Kimberly Aboriginal Medical Services Council	Posters designed to raise awareness of healthy	\$4.00
Fruit to Shoot Hoops	(laminated)		(KAMSC) Regional Centre for Social and Emotional Wellbeing and Health Promotion Unit.	eating among children	
			9 Bardwell Street, PO Box 1377 Broome WA 6725		
			Ph: (08) 9192 6435 Fax: (08) 9192 6127		
			Email: kamsc@kamsc.org.au		
			Website for Resources:		
			http://www.kamsc.org.au/hpu.html		
			Organisation resources:		
			http://www.kamsc.org.au/index.html		
	A4 Poster (laminated)	Unknown	(See Above KAMCS Eat Fruit to Shoot Hoops) Kimberly Aboriginal Medical Services Council	Posters designed to raise awareness of healthy eating among children	\$2.00

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
KAMCS Fruit and Vegetable Characters (10)- All, Annie Apple, Ben Banana, Bertie Beetroot, Bianca Broccoli,	A3 Poster (laminated)	Unknown	(See Above KAMCS Eat Fruit to Shoot Hoops) Kimberly Aboriginal Medical Services Council	Posters designed to raise awareness of healthy eating among children	\$4.00
Cody Carrot, Eddie Eggplant, Mollie Mango, Ollie Orange, Penelope Pear & Tommy Tomato	A4 Poster (laminated)	Unknown	(See Above KAMCS Eat Fruit to Shoot Hoops) Kimberly Aboriginal Medical Services Council	Posters designed to raise awareness of healthy eating among children	\$2.00
Fruit and Veges - Eat Some of Us Every Day	A3 Poster (laminated)	Unknown	(See Above KAMCS Eat Fruit to Shoot Hoops) Kimberly Aboriginal Medical Services Council	Posters designed to raise awareness of healthy eating among children	\$4.00
	A4 Poster (laminated)	Unknown	(See Above KAMCS Eat Fruit to Shoot Hoops) Kimberly Aboriginal Medical Services Council	Posters designed to raise awareness of healthy eating among children	\$2.00
Man Tucker	Manual	2009	Geraldton Regional Aboriginal Medical Service (GRAMS) – completed in conjunction with Students from Curtin University. Rifle Range Rd Rangeway WA 6530 Ph: (08) 9956 6555 Fax: (08) 9964 3225 To order contact the Healthy for Life Coordinator Ph: (08) 9956 6555 Fax: (08) 9956 6599 Email: milk@grams.asn.au	Covers appropriate food choices for Men in the Geraldton Region, includes a supermarket 'tour' and lots of information about health services in the Geraldton Region Adaptable to the Northern Territory context	\$198.00 for the purchase of the manual and the right to reproduce and adapt the manual (provided appropriate credit is applied)

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Quick Meals for Kooris	Resource Folder	2003	Nutrition Department of the Central Coast Area Health Service PO Box 361, Gosford NSW 2250 Ph: (02) 4320 3362 Fax: (02) 4320 2828 Website: http://www.nscchealth.nsw.gov.au/areas/ccahs/kooris/kooris.html	Resource folder designed to assist healthworkers in developing a program that can educate a community on healthy eating and nutrition Adaptable to the Northern Territory context	\$25.00 + P&H Or alternatively they send you a copy on CD
Safe Food is Good Food	DVD/Video	2002	NT Department of Health Environmental Health 2nd Floor Casuarina Plaza, Trower Road, Casuarina NT PO Box 40596, Casuarina NT 0811 Ph: (08) 8922 7152 Fax: (08) 8922 7334 Email: envirohealth@nt.gov.au Website: http://www.health.nt.gov.au/Environmental_Health/index.aspx	Video/DVD recording about safe food measures in some NT remote Aboriginal and Torres Strait Islander Communities	Unknown
Story About Feeding Babies	Flip Charts	2005	NT Department of Health Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811 Ph: (08) 8985 8021 Fax: (08) 8985 8016 Website: http://www.health.nt.gov.au/Nutrition_and_ Physical_Activity/index.aspx Download from: http://www.health.nt.gov.au/Nutrition_and_Physical_Activity/Publications/index.aspx Access directly from: http://digitallibrary.health.nt.gov.au/dspace/bit-stream/10137/108/1/ifg_flipchart.pdf	Flip chart for use by a health worker when educating a client or a group of clients	Free to download

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Tastes Good, Is Good	Recipe Guide	2001	Nganampa Health Council PO Box 2232, Alice Springs, NT, 0871. Ph: (08) 8952 5300 Fax: (08) 8952 2299 Website: http://www.nganampahealth.com.au/ Download directly from http://www.nganampahealth.com.au/content/ view/21/26/	Guide designed to assist people in Aboriginal communities to cook nutritious and tasty food options for 10 or more people on a budget	Unknown
Tomorrow People	Booklet	2008	ABHI Social Marketing Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811 Ph: (08) 8985 8021 Fax: (08) 8985 8016 Website: http://www.health.nt.gov.au/Nutrition_and_ Physical_Activity/index.aspx Order online: http://www.measureup.gov.au/internet/abhi/publishing.nsf/content/tp_order-form Download directly from: http://www.measureup.gov.au/internet/abhi/publishing.nsf/Content/tomorrow+resources-lp	Australian Better Health Initiative-Measure Up Campaign Tomorrow People – Aboriginal and Torres Strait Islander healthy eating and physical activity campaign	Free to order, limit per person
Tomorrow People	Posters	2008	See above (Tomorrow People Booklet) ABHI Social Marketing	(See Above) Tomorrow People	Free to order, limit per person

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Tummy Rumbles – Guidelines for Remote Area Canteens	Guidelines	2005	NT Department of Health Nutrition and Physical Activity Program PO Box 40596, Casuarina NT 0811 Ph: (08) 8985 8021 Fax: (08) 8985 8016 Website: http://www.health.nt.gov.au/Nutrition_and_ Physical_Activity/index.aspx Download from: http://www.health.nt.gov.au/Nutrition_and_Physical_Activity/Publications/index.aspx Access directly: http://digitallibrary.health.nt.gov.au/dspace/handle/10137/76	Guidelines that advise on appropriate foods to include or sell in school/work canteens	Free to download
Woman Tucker	Manual	2009	Geraldton Regional Aboriginal Medical Service (GRAMS) – in conjunction with students from Curtin University. Rifle Range Rd Rangeway WA 6530 Ph: (08) 9956 6555 Fax: (08) 9964 3225 To order contact the Healthy for Life Coordinator Ph: (08) 9956 6555 Fax: (08) 9956 6599 Email: milk@grams.asn.au	Covers appropriate food choices for women in the Geraldton Region, includes a supermarket 'tour' and lots of information about health services in the Geraldton Region Adaptable to the Northern Territory Context	\$198.00 for the pur- chase of the manual and the right to reproduce and adapt the manual (provided appropriate credit is ap- plied)

SEXUAL HEALTH RESOURCES

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
2 Spirits Program	Condoman Comic, Posters, Key Rings, condom pkts etc	2009	Queensland Association for Healthy Communities PO Box 1372, Eagle Farm QLD 4009 Ph: (07) 3017 1777 Freecall: 1800 177 434 Email: info@qahc.org.au Website: http://www.qahc.org.au/condoman#comic More information and to order: 2 Spirits Project – Brisbane Ph: (07) 3017 1777 2 Spirits Project – Cairns Ph: (07) 4041 5451	Miscellaneous health promotion materials designed to raise awareness about safe sexual practices	Various
2 Spirits Program	Series of Posters and Leaflets on HIV/AIDS	2009	See Above (Condoman Resources) Queensland Association for Healthy Communities Website: http://www.qahc.org.au/atsicampaigns	Information about HIV/AIDS Designed to be appropriate for Aboriginal and Torres Strait Islander people from Queensland	Various
"Put it On"	Video/DVD	2006	National Health Interactive Technology Network Development Program, 101 Sheridan Street, Cairns QLD 4870 Ph: (07) 40803104 Fax: (07) 40803145 Email: info@hitnet.com.au Website: www.hitnet.com.au	An interactive video clip that educates teenager and young adults about safe sex and sexual health	Free to download/ view online
Talking Together	DVD	2003	Rural Health Education Foundation PO BOX 324 Curtin ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ More information and to order: http://www.rhef.com.au/programs/program-1/?program_id=148	DVD about sexual health, STIs, issues, outcomes and treatments	\$105

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Building Strong Teeth	Flip Charts	2007	QLD Department of Health Oral Health Program GPO Box 48 Brisbane QLD 4001 Ph: (07) 3131 6826 Email: Oral_Health@health.qld.gov.au Purchase from QLD Government Bookshop https://www.bookshop.qld.gov.au/ProductBrowse. aspx?direct=1&category=SXXD0565	The Indigenous Oral Health Flipcharts are a health education resource designed to be used by Indigenous communities, health workers and project teams working in Indigenous health Queensland Health worked in partnership with members of the Wujal Wujal community in North Queensland to design this educational resource to increase the profile and understanding of oral health and increase oral hygiene practices in Indigenous communities This flipchart is targeted at school children	\$44
Clean teeth for Life	DVD and Information Kit	2009	NT Department of Health Closing the Gap Oral Health Program PO Box 40596, Casuarina NT 0811 Ph: (08) 89226410 Email: Penelope.brown@nt.gov.au Website: http://www.health.nt.gov.au/Oral_Health/index.aspx	DVD designed for use in a community. It is designed to educate families about the need for regular dental care	Free
Dentistry in Remote Aboriginal Communities	Manual for Clinicians	Unknown	Nganampa Health Council Alice Springs Office 3 Wilkinson Street PO Box 2232, Alice Springs, NT, 0871 Ph: (08) 8952 5300 Fax: (08) 8952 2299 Website: http://www.nganampahealth.com.au/ Order online: http://www.nganampahealth.com.au/index. php?option=com_ixxocart&Itemid=29&p=product&id=41&parent=5	Designed to educate clinicians on the appropriate way to treat and educate Aboriginal and Torres Strait Islander clients in regards to oral health	\$15

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Looking After Young Mouths	Flip Charts	2007	QLD Department of Health Oral Health Program GPO Box 48 Brisbane QLD 4001 Ph: (07) 3131 6826 Email: Oral_Health@health.qld.gov.au Purchase from QLD Government Bookshop https://www.bookshop.qld.gov.au/ProductBrowse. aspx?direct=1&category=SXXD0565	The Indigenous Oral Health Flipcharts are a health education resource designed to be used by Indigenous communities, health workers and project teams working in Indigenous health Queensland Health worked in partnership with members of the Wujal Wujal community in North Queensland to design this educational resource to increase the profile and understanding of oral health and increase oral hygiene practices in Indigenous communities This flipchart is targeted at parents and carers of babies and young children	\$44
Solid Kids have Healthy Teeth	Information Sheets for parents 0-2 and 2-5	2003	Derbarl Yerrigan Health Service 156 Wittenoom Street East Perth WA 6004 Ph: (08) 9421 3888 Website: http://www.derbarlyerrigan.com.au/derbarl1.htm Download from: http://www.ichr.uwa.edu.au/files/user19/teeth_0-2_years.pdf http://www.ichr.uwa.edu.au/files/user19/teeth_2-5_years.pdf	Information sheets for parents of children aged between 0 – 5 years of age, to educate them on properly caring for their children's teeth	Free
NT Department of Health - Oral Health Promotion	Range of Resources	Current	NT Department of Health Oral Health Promotion PO Box 40596 Casuarina NT 0811 Ph: 1800 127 339 Download from: http://www.health.nt.gov.au/Oral_Health/Oral_Health_Promotion	A range of current resources, which is updated regularly	Free

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Strong Smiles Program	RESOURCE UNDER DEVELOPMENT	2010	North Coast Area Health Service Population Health, Planning & Performance North Coast Area Health Service PO Box 498, Lismore NSW 2480 Ph: (02) 6620 7500 Fax: (02) 6622 2151 Website: http://www.ncahs.nsw.gov.au/echidna/	These program resources have not been released yet. However this program is developing resources around five key oral health messages Eat Well Drink Well Clean Well Play Well Stay Well Program is suitable for children aged 3- 5 years old. It is not specifically for Aboriginal and Torres Strait Islander children but can be used with all children	Free to Download
Strong Smiles Program	Story Books Flipcharts Songs Word Exercises Activity Sheets	2010	See above (Strong Smiles Program) North Coast Area Health Service	See above (Strong Smiles Program)	Unknown
Oral Health Promotion Clearinghouse	Range of Resources	2010	Oral Health Promotion Clearinghouse Australian Research Centre for Population Oral Health School of Dentistry The University of Adelaide South Australia 5005 Website: http://www.adelaide.edu.au/oral-health-promotion/	The Clearinghouse provides information on many oral health promotion topics including current research, resources, programs and publications for health professionals, health promoters, teachers and the general public. The website links people and organisations involved in oral health promotion to resources and expertise across Australia.	Unknown

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Strong Teeth	CD-ROM	2008	National Health & Medical Research Council, University of Adelaide, NT Dept of Health and Families. Available from the I See I Learn Website Ph: (08) 8952 1441 Email: info@isee-ilearn.com Web site: www.isee-ilearn.com Use online or order a copy from: http://www.isee-ilearn.com/orderstrongteeth.html	Interactive program designed to educate clients about oral hygiene and appropriate dental care	Free
Teeth Talk	CD-ROM	2006	Australian Dental Association PO Box 611 Albion DC QLD 4010 Ph: (07) 3252 9866 Website: http://www.adaq.com.au/default.aspx Order from: http://www.adaq.com.au/public/oralhealth/teethtalk.aspx	Teeth Talk is a multimedia presentation on CD, suitable for classrooms, community centres and waiting rooms. This educational presentation highlights many important aspects of maintaining good oral hygiene and general dental care and is available for everyone	Free
Tooth Book	Flip Chart	2009	Dental Health Services WA Dental Health Education Unit 43 Mount Henry Rd Como WA 6152 Ph: (08) 9313 0555 Fax (08) 93130630 To order: http://www.healthinfonet.ecu.edu.au/uploads/resources/16138_toothbookordercolourpdf.pdf	The Tooth Book is a flip chart for Indigenous people wanting to know about caring for their teeth. It is a colourful resource, using photographs, graphics and minimal text to depict dental messages in an easy to understand format. The Tooth Book can be used as a chair side instructor or for small group presentations.	\$50

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Living is For Everyone Program	Framework, Poster & series of Fact Sheets	2007	Closing the Gap LIFE (Living Is For Everyone) - NT Health Strategies NT DoHA Office GPO Box 9848 Darwin NT 0801 Ph: (08) 8918 3433 Website: http://www.livingisforeveryone.com.au/ About-LIFE.html Order online at: http://www.livingisforeveryone.com.au/Order-hard-copy.html	Poster designed to raise awareness of the "Living is for everyone Program" and awareness of suicide	Free
Suicide	Series of Fact Sheets on Suicide	2007	Closing the Gap LIFE (Living Is For Everyone) - NT Health Strategies NT DoHA Office GPO Box 9848 Darwin NT 0801 Ph: (08) 8918 3433 Website: http://www.livingisforeveryone.com.au/ About-LIFE.html Download from: http://www.livingisforeveryone.com.au/LIFE-Fact-sheets.html	These fact sheets are not all appropriate for Aboriginal and Torres Strait Islander communities – most useful for Health Workers	
Suicide Prevention	Booklet	2009	Closing the Gap LIFE (Living Is For Everyone) - NT Health Strategies NT DoHA Office GPO Box 9848 Darwin NT 0801 Ph: (08) 8918 3433 Download from: http://www.livingisforeveryone.com.au/Researchand-evidence-in-suicide-prevention.html	Information on suicide and preventing suicide in a culturally appropriate way	

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
AIMHI Program	Making a Story with AIMHI	2003-2009	Menzies School of Health Research Building 58 Royal Darwin Hospital Campus, Rocklands Drive, TIWI NT 0810 Ph: (08) 8922 8196 Download Order Form from: http://menzies.edu.au/sites/default/files/images/file/ Resources%20order%20form.pdf or http://192.94.208.164/sites/default/files/images/file/ AIMHI/AIMHI+NT+YARNING+PACKAGE+ORDER +SHEET.pdf Resource is currently unavailable Available online from: http://menzies.edu.au/sites/default/files/images/file/ MAKING+A+STORY+WITH+AIMHI.pdf	Program run from 2003 – 2009 looking at story telling as a form of therapy in mental health and as a way of improving social and emotional wellbeing. Seeks to strongly involve the client and their family in the treatment of mental illness	Various
	Making Change- No worries Flipchart	2003-2009	See above (Making a Story) Download from: http://menzies.edu.au/research/healing-and-resil- ience/mental-health/aimhi-nt-australian-integrated- mental-health-initiati-2	Flipchart designed to be used with a community to educate and empower community members to plan and manage their mental and emotional wellbeing	\$60.85
	Mental Health Problem Story	2003-2009	See above (Making a Story) Download from: http://menzies.edu.au/research/healing-and-resil- ience/mental-health/aimhi-nt-australian-integrated- mental-health-initiati-2	Program run from 2003-2009 that looked at story telling as a form of therapy in mental health and a way of improving social and emotional wellbeing. Seeks to strongly involve the client and their family in the treatment of mental illness	\$38.50
	Tiwi Grow Strong Mental Health	2003-2009	See above (Making a Story) Download from: http://menzies.edu.au/research/healing-and-resilience/mental-health/aimhi-nt-australian-integrated-mental-health-initiati-2	Program run from 2003-2009 that looked at story telling as a form of therapy in mental health and a way of improving social and emotional wellbeing. Seeks to strongly involve the client and their family in the treatment of mental illness	\$58.60

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
AIMHI Program	What Keeps Me strong Story/Stay Strong Plan/Form	2003-2009	See above (Making a Story) Download from: http://menzies.edu.au/research/healing-and-resilience/mental-health/aimhi-nt-australian-integrated-mental-health-initiati-1	Program run from 2003 – 2009 looking at story telling as a form of therapy in mental health and as a way of improving social and emotional wellbeing. Seeks to strongly involve the client and their family in the treatment of mental illness	\$16.50
	Yarning About Mental Health	2003-2009	See above (Making a Story) Download from: http://menzies.edu.au/research/healing-and-resil- ience/mental-health/aimhi-nt-australian-integrated- mental-health-initiati-2	See above (Making a Story)	\$42.80
	Four Step Yarning About Mental Health	2003-2009	See above (Making a Story) Download from: http://menzies.edu.au/sites/default/files/images/file/ YARNING+ABOUT+MENTAL+HEALTH+FLIP+CH ART+MARCH+07.pdf	See above (Making a Story)	\$15.75
	Yarning About Mental Health Manual	2003-2009	See above (Making a Story) Menzies School of Health Research	See above (Making a Story)	\$14.75
	Yarning About Mental Health DVD	2003-2009	See above (Making a Story) Menzies School of Health Research	See above (Making a Story)	\$8.00
	The Mental Health Brain Story	The Mental Health Brain Story 2003-2009	See above (Making a Story) Download from: http://menzies.edu.au/research/healing-and-resilience/mental-health/aimhi-nt-australian-integrated-mental-health-initiati-2	See above (Making a Story)	Unknown

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
AIMHI Program	Mental health Medication Story 1 & 2	2003-2009	See above (Making a Story) Menzies School of Health Research	Program run from 2003 – 2009 looking at story telling as a form of therapy in Mental Health and as a way of improving social and emotional wellbeing. Seeks to strongly involve the client and their family in the treatment of mental illness	\$16.50
	Series of Fact Sheets	2003-2009	See above (Making a Story) Menzies School of Health Research	See above (Making a Story) • What is Psychosis • What is Anxiety • What is Depression • What is Mania • Medications	\$4.50 Each or \$22.50 for pk.
Aboriginal and Torres Strait Islander Mental Health First Aid Manual - (designed to be used in conjunction with Mental Health First Aid Training)	Manual	Updated 2009	Mental Health First Aid Program Locked bag 10 Parkerville VIC 3052 Fax: (03) 9342 3745 Email: mhfa@mhfa.com.au To download or purchase a copy: http://www.mhfa.com.au/course_manual. shtml#copyright	Manual designed to be utilised by health workers only in conjunction with the appropriate Mental Health first aid training however this manual deals specifically with ATSI mental health	Free to download
Frame of Mind program - Open Up and "Our Spirit Our land"	Video/DVD		National Health Interactive Technology Network Development Program 101 Sheridan Street Cairns QLD 4870 Ph: (07) 40803104 Fax: (07) 40803145 Email: info@hitnet.com.au Website: www.hitnet.com.au	A song/video clip sung/performed by members of the Wujal and Hopevale communities. Singing about mental health and social wellbeing	Free to download/ view online

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
SANE – Guide to Depression	SANE Australia	Unknown	SANE Australia PO Box 226 South Melbourne VIC 3025 Email: info@sane.org Ph: (03) 9682 5933 Fax: (O3) 9682 5944 SANE Helpline Ph: 1800 187 263 Email: helpline@sane.org Able to purchase publications from online bookshop http://www.sane.org/option,com_virtuemart/ Itemid,363.html	This Guide is in three sections: Understanding Depression, How Treatments Help and Looking After Yourself. Works on the principle that people who are educated about depression can take steps to manage their illness Note this resource is NOT specifically pitched at Aboriginal and Torres Strait Islander people	Free to download

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Alcohol	Set of 3 Leaflets	Unknown	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	Strochures on Alcohol Effects on the body Important things to know Keeping safe	\$3.60
Alcohol and Your Body	DVD	Unknown	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	DVD about the effect of alcohol on the body	\$33.00

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Alcohol treatment Guidelines for Indigenous Australians	Kit	2007	Department of Health and Ageing: Alcohol Program Alcohol and Other Drug Services PO Box 40596 CASUARINA NT 0811 Ph:(08) 8948 0087 (Darwin) Ph: (08) 8951 7580 (Central Australia) Ph:1800 131 350 (Territory wide) Website: http://www.alcohol.gov.au/internet/alcohol/publishing.nsf/Content/home Order from: http://www.alcohol.gov.au/internet/alcohol/publishing.nsf/Content/resources-menu?OpenDocument& CATEGORY=Aboriginal+and+Torres+Strait+Island er+Health+products&SUBMIT=Search	The Alcohol Treatment Guidelines for Indigenous Australians and associated resources are being developed to provide an evidence-based, user friendly resource to assist health professionals manage alcohol problems experienced by their Aboriginal and Torres Strait Islander clients	Free
Amphetamines	Set of 3 Leaflets		Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	3 brochures on Amphetamines Effects on the body Important things to know Keeping safe	\$3.60
Cannabis	Set of 3 Leaflets		See above (Amphetamines)	3 brochures on Cannabis	\$3.60

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Crystal Meth Comic	Comic	2008	See above (Amphetamines)	Comic designed for teenagers and young adults to educate on the effects of crystal meth	\$1.25
Drinking for Two?	DVD	2007	Rural Health Education Foundation Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au For more information please see: http://www.rhef.com.au/programs/program-1/?program_id=17	Documentary style DVD that seeks to: Help people understand the potential impact on the unborn child of drinking alcohol in pregnancy Recognise the ongoing developmental consequences for a child with FASD Identify the issues for ongoing management and support for a child or adult with FASD Identify the links between education, health professionals and community involvement when enabling preventative strategies for FASD	\$105
Don't Gamble with Your Health	Playing Cards	Unknown	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	3 brochures on Ecstasy Effects on the body Important things to know Keeping safe	\$3.60

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Ecstasy	Set of 3 Leaflets	Unknown	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	3 brochures on Ecstasy • Effects on the Body • Important things to know • Keeping Safe	\$3.60
Foetal Alcohol Spectrum	Flip charts		Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	A resource that has been developed for workshops explaining to all Aboriginal women the dangers to a foetus when a pregnant woman drinks alcohol	\$33.00
Foetal Alcohol Spectrum Disorder	DVD		Rural Health Education Foundation Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au For more information please see: http://www.rhef.com.au/programs/program-1/?program_id=66&group_id=12		\$105

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Heroin	Set of 3 Leaflets	Unknown	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	3 brochures on Heroin Effects on the body Important things to know Keeping safe	\$3.60
None for nine- Foetal Alcohol Spectrum Disorder with questionnaire	Booklet	Unknown	See above (Heroin) Aboriginal Drug and Alcohol Council of SA	This leaflet has a questionnaire and also some ideas of information to collect if you believe someone may have Foetal Alcohol Spectrum Disorders, (FASD)	\$2.75
Petrol Sniffing Prevention Program 'Sniffing and the Brain'	Flipcharts Poster	2008	Department of Health and Ageing To order a copy please contact Michael Power Drug Strategy Branch Mental Health and Chronic Disease Division Department of Health and Ageing Ph: (02) 6289 1407 Fax: (02) 6289 7837 Email: Michael.Power@health.gov.au For more information please see: http://www.health.gov.au/internet/main/publishing. nsf/Content/phd-petrol-sniffing-cnt	Posters and flip charts designed to educate Aboriginal and Torres Strait Islander clients about the negative effects petrol sniffing has on the brain	Free

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Petrol Sniffing and Other Solvents	Kit	2000	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	Manual covering all aspects of petrol sniffing and other solvent use in Indigenous communities. The manual consists of a number of illustrated booklets that target a range of audiences - family members, community members, community decision-makers; health and community development workers	\$88.00 + p&h
Petrol Sniffing and Other Solvents	Video	Unknown	See above (Petrol Sniffing and Other Solvents Kit) Aboriginal Drug and Alcohol Council of SA	The video shows the workshop presenter and participants discussing the issues and viewing the series of overheads, many of which are taken from the manual. The workshop is aimed at health workers, teachers, parents and community leaders. It is not an education aid to be used with young children	\$25.72
Resource package about Illicit Drugs for Aboriginal health Workers	Kit	Unknown	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	Resources kit designed to be a self-education tool for health workers who want to increase their knowledge and experience when working with Aboriginal and Torres Strait Islander clients who have substance abuse problems	\$145.20

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Substance Use Posters drawn by young people	Set of 5 Posters	2003	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8362 0395 Fax: (08) 8352 0327 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	Posters with children's interpretation of drug use. Designed to raise awareness of substance abuse and its negative impact on young children	\$5.50
Talking About Alcohol With Aboriginal and Torres Strait Islander Patients	Flip chart	2009	Australian Govt Department of Health and Ageing Alcohol and Other Drug Services Territory Health Services PO Box 40596 CASUARINA NT 0811 Ph:(08) 8948 0087 (Darwin) Ph: (08) 8951 7580 (Central Australia) Ph:1800 131 350 (Territory wide) Website: http://www.alcohol.gov.au/internet/alcohol/publishing.nsf/Content/home Order from: http://www.alcohol.gov.au/internet/alcohol/publishing.nsf/Content/resources-menu?OpenDocument&CATEGORY=Aboriginal+and+Torres+Strait+Islander+Health+products&SUBMIT=Search)	Details the deterioration of the brain due to substance abuse	Free to view online

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
The Brain Story	Kit/Booklet	Unknown	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8362 0395 Fax: (08) 8352 0327 Email: adac@adac.org.au To view online: http://www.adac.org.au/siteF/resources/brainstory/index.html	Details the deterioration of the brain due to substance abuse	Free to view online
The Grog Book	Manual	2005	Department of Health and Ageing Alcohol and Other Drug Services PO Box 40596 CASUARINA NT 0811 Ph:(08) 8948 0087 (Darwin) Ph: (08) 8951 7580 (Central Australia) Ph:1800 131 350 (Territory wide) Website: http://www.alcohol.gov.au/internet/alcohol/publishing.nsf/Content/home Order from: http://www.alcohol.gov.au/internet/alcohol/publishing.nsf/Content/resources-menu?OpenDocument&CATEGORY=Aboriginal+and+Torres+Strait+Islander+Health+products&SUBMIT=Search)	Manual that offers practical advice and success stories around managing and running programs that are aimed at helping Indigenous communities and health workers better manage alcohol-related problems	Free

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Therapeutic Journeys	DVD/Video	Unknown	Aboriginal Drug and Alcohol Council of SA 53 King William Street, Kent Town, South Australia, 5067 Ph: (08) 8351 9031 Fax: (08) 8352 4546 Email: adac@adac.org.au Website: http://www.adac.bigcartel.com/products Order from ADAC Store: http://www.adac.bigcartel.com/	Series Three Alcohol and Drug Counselling Skills	Free to view online
'When Girls and Women Sniff'	Flip charts	2008	Department of Health and Ageing Drug Strategy Branch Mental Health and Chronic Disease Division Contact Michael Power Ph: (02) 6289 1407 Fax: (02) 6289 7837 Email: Michael.Power@health.gov.au For more information please see the following website: http://www.health.gov.au/internet/main/publishing.nsf/Content/phd-petrol-sniffing-cnt	Posters and flip charts designed to educate female Aboriginal and Torres Strait Islander clients about the negative effects petrol sniffing has on the brain, the body and any unborn children	Free
'When Boys and Men Sniff'	Flipcharts	2008	See above (When Girls & Women Sniff) Department of Health and Ageing Drug Strategy Branch	Posters and flip charts designed to educate male Aboriginal and Torres Strait Islander clients about the negative effects petrol sniffing has on the brain and the body	Free

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Clean Air Dreaming	Manual/ Guidelines- includes some assisting resources and PowerPoint presentations on CD and in paper form.	2009	Illawarra Aboriginal Medical Service 150 Church Street Wollongong NSW 2500. Contact: Clean Air Dreaming Project Officer Ph: (02) 4229 9495 Fax: (02) 4226 3566 Website: http://www.illawarraams.com.au/	Manual that provides tools and presentations to support a group of Aboriginal clients to quit smoking over a period of 12 weeks	Free
Give it Up Sista	DVD	Unknown	Quit SA 202 Greenhill Rd, Eastwood SA 5063 PO Box 929, Unley SA 5062 Ph: (08) 8291 4141 Fax: (08) 8291 4194 Pregnancy Quitline: 1300 889 010 Quitline: 137848 Email: quitsa@quitsa.org.au Order online from: http://www.quitsa.org.au/aspx/order_online.aspx	DVD designed to encourage Aboriginal women to quit smoking or to not start	\$10.00 + \$5 P&H
Give Smokes the Flick		Unknown	North Coast Area Health Service Population Health, Planning & Performance North Coast Area Health Service PO Box 498, Lismore NSW 2480 Ph: (02) 6620 7500 Fax: (02) 6622 2151 Website: http://www.ncahs.nsw.gov.au/echidna/		

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
"Granny why don't you smoke? (adapted from a flip chart)	DVD/Video/ Online	Unknown	Health Interactive Technology Network. National HIT net Development Program, 101 Sheridan Street Cairns QLD 4870 Ph: (07) 4080 3102 Fax: (07) 4080 3145 Email: info@hitnet.com.au Website: www.hitnet.com.au To download directly: http://www.hitnet.com.au/video_smokinganimation. html	Interactive online book about the story of smoking among the Aboriginal and Torres Strait Islander population Designed for children pre teen years	Free online and to download.
Let's Take a Moment	Flip charts	2008	NT Department of Health Alcohol and Other Drugs Program PO Box 40596, Casuarina NT 0811 Ph: (08) 8922 6905 Website: http://www.health.nt.gov.au/Alcohol_and_ Other_Drugs/Contact_Us/index.aspx	Flipcharts designed to be used by a health worker with Aboriginal or Torres Strait Islander client/clients or a community Detailing the effect of smoking on your health and family	Free
Quit SA Resources Important News for Fathers who Smoke Helping Others to Quit Smoking and Pregnancy Smoking and Diabetes Smoking and Surgery	Series of Information Booklets	Unknown	Quit SA 202 Greenhill Rd, Eastwood SA 5063 PO Box 929, Unley SA 5062 Ph: (08) 8291 4141 Fax: (08) 8291 4194 Pregnancy Quitline: 1300 889 010 Quitline: 137848 Email: quitsa@quitsa.org.au Order online from: http://www.quitsa.org.au/aspx/order_online.aspx	Information on the negative impact of smoking on your health and wellbeing, including co-morbidity information	Free to order (limit on number of copies per order)

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Smoke Check Resources Pregnant and Smoking	Brochure/Booklet	2008	Queensland Health Service SmokeCheck Team Ph: (07) 3328 9851. Website: http://www.health.qld.gov.au/atod/prevention/smokecheck.asp Order online: http://www.health.nt.gov.au/Alcohol_and_Other_Drugs/Contact_Us/index.aspx For information regarding training in the NT, contact NT Department of Health Alcohol and Other Drugs Program Ph: (08) 8922 6905	Resources for use by a health professional working in an Aboriginal or Torres Strait Islander Community or with an ATSI client at each stage of the quit smoking cycle ** It is important to note that this is to be used in conjunction with Smoke Check Training	Free to NT Practitioners
Smokers: It's Good to Know	Brochure/Booklet	2008	See above (Smoke Check Resources) Queensland Health Service	Provides information about the impact of smoking on your health	Free to NT Practitioners
Smokers: Thinking About Giving Up	Brochure/Booklet	2008	See above (Smoke Check Resources) Queensland Health Service	Provides information on services and support to encourage you to Quit	Free to NT Practitioners
Smokers: Decided to Give Up	Brochure/Booklet	2008	See above (Smoke Check Resources) Queensland Health Service	Provides information on services and support to assist in the quitting process	Free to NT Practitioners
Non Smokers: Keep up the Good Work	Brochure/Booklet	2008	See above (Smoke Check Resources)	Information on the benefits of being a non- smoker or smoke free	Free to NT Practitioners
Health Worker Resource	Notepad, Pen and folder	2008	See above (Smoke Check Resources) Queensland Health Service	To use in conjunction with the above brochures when in a consultation with a client	Free to NT Practitioners

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Bernard's Choice	DVD		See above (Smoke Check Resources) Queensland Health Service	Inspirational DVD designed to assist people to quit smoking	\$10.00
Up in Smoke	Poster A3		See above (Smoke Check Resources) Queensland Health Service	Poster designed to raise awareness about the negative aspects of smoking on your health and lifestyle	Free
Give Smoking the Boot	Poster A3		See above (Smoke Check Resources) Queensland Health Service	Poster designed to highlight the benefits of quitting smoking	Free
Be Smart- Don't Start	Poster A3		See above (Smoke Check Resources) Queensland Health Service	Poster designed to encourage people not to start smoking	Free
Pregnancy	Poster A3		See above (Smoke Check Resources) Queensland Health Service	Poster about smoking while pregnant and the impact on the foetus	Free
Smoking and Pregnancy - Womb to Breathe	DVD	2008	Rural Health Education Foundation PO BOX 324 CURTIN ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more information on this DVD please see: http://www.rhef.com.au/programs/program- 1/?program_id=39	The program includes filmed case studies featuring the role of the Townsville Aboriginal and Islander Health Service in long term research aimed at developing a culturally specific smoking intervention for pregnant Indigenous women; and the work being done by State and Territory agencies training health professionals in the National Smoke-Free Pregnancy Project	\$105.00

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Smoke-Free Home/ Workplace/ Car Give Smoking the Boot	Stickers		Quit SA 202 Greenhill Rd, Eastwood SA 5063 PO Box 929, Unley SA 5062 Ph: (08) 8291 4141 Fax: (08) 8291 4194 Pregnancy Quitline: 1300 889 010 Quitline: 137848 Email: quitsa@quitsa.org.au Order online from: http://www.quitsa.org.au/aspx/order_online.aspx	Social marketing items that are designed to promote smoke free spaces	Free – (max order of 50 per person)
Talkin' Up Good Air	Tobacco Control Resource Kit	2007	Centre for Excellence in Indigenous Tobacco Control School of Population Health Level 4, 207 Bouverie Street The University of Melbourne Victoria 3010 Ph: (03) 8344 0870 Fax: (03) 8344 0824 Email: ceitc-info@unimelb.edu.au Website: http://www.ceitc.org.au/welcome Or download from: http://www.ceitc.org.au/talkinupgoodair	This manual and CD has been put together to help reduce tobacco use in Aboriginal and Torres Strait Islander communities. It is a practical manual of helpful information, ideas, activities, success stories and reference materials that we hope will assist communities to give up the smokes It is designed for use by Health workers working in Aboriginal and or Torres Strait Islander Communities	Free for health professionals working with Aboriginal and Torres Strait Islander people

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Aboriginal Ear Health manual	Manual	2008	Written by Harvey Coates 208 Hampden Road, Nedlands, WA, 6009 Ph: (08) 9389 1622, Fax: (08) 9386 6745 To order - Alcon Laboratories: Email: nikhil.jayaram@alconlabs.com	Manual for clinicians on how to identify and treat common ear health issues for Aboriginal and Torres Strait Islander people	Free
Blow - Not Wipe	Video	1992	Batchelor Institute of Indigenous Tertiary Education C/o Post Office, BATCHELOR NT 0845. Ph: (08) 8939 7111 Fax: (08) 8939 7100 Free call: 1800 677 095 Email: enquiries@batchelor.edu.au Website: https://www.batchelor.edu.au/ To order: https://www.batchelor.edu.au/files/file/batchelor_ press/batchelor_press_catalogue.pdf Video educating kids on blowing their nose properly to avoid infections and sinus problems.	Video educating kids on blowing their nose properly to avoid infections and sinus problems	\$20
Conductive Hearing Loss Story	DVD	Unknown	Phoenix Consulting 1 Phoenix Road Nightcliff NT Ph: (08) 8948 4444 Fax (08) 8948 3838 Email: damien@phoenixconsulting.com.au Website: www.phoenixconsulting.com.au To view and download: http://www.eartroubles.com/index.php/ear_troubles_kit	Story on how people experience conductive hearing loss	Free for individuals – donation requested from organisations

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Ear and Hearing Care	Flipcharts	Updated 2010	NT Department of Health and Families Hearing Health Policy Level 2 AANT Building 79 -81 Smith Street Darwin Hearing Policy Program Leader: Kathy Currie Ph: (08) 8987 0213 Fax: (08) 8985 8016 Email: kathy.currie@nt.gov.au Website: www.health.nt.gov.au/Hearing	Manual for clinicians on how to identify and treat common ear health issues for Aboriginal and Torres Strait Islander people	Free
Ear Troubles Kit	Kit	Unknown	Phoenix Consulting 1 Phoenix Rd Nightcliff NT Ph: (08) 8948 4444 Fax (08) 8948 3838 Email: damien@phoenixconsulting.com.au Website: www.phoenixconsulting.com.au To view and download: http://www.eartroubles.com/index.php/ear_troubles_kit	This kit has been developed to help children, parents and teachers who are dealing with the problems associated with conductive hearing and auditory processing difficulties	Free
Health Centre Ear Troubles Kit NOT YET AVAILABLE	Kit	Unknown	See above (Ear Troubles kit) Phoenix Consulting	UNDER DEVELOPMENT- Not yet available Will be a version of the Ear Troubles Kit but designed specifically for Aboriginal and Torres Strait Islander people for use in a health centre setting	Unknown

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Hearing is for Life	Video	1992	Batchelor Institute of Indigenous Tertiary Education C/o Post Office, BATCHELOR NT 0845. Ph: (08) 8939 7111 Fax: (08) 8939 7100 Free call: 1800 677 095 Email: enquiries@batchelor.edu.au Website: https://www.batchelor.edu.au/ To order: https://www.batchelor.edu.au/files/file/batchelor_ press/batchelor_press_catalogue.pdf	Video about the importance of hearing for living and learning	\$20
Helping Hands for Hearing	Series of Fact Sheets	2010	NT Department of Health Hearing Health Policy Level 2 AANT Building 79 -81 Smith Street Darwin Hearing Policy Program Leader: Kathy Currie Ph: (08) 8987 0213 Fax: (08) 8985 8016 Email: kathy.currie@nt.gov.au Website: health.nt.gov.au/Hearing/	Series of simple pictorial fact sheets to educate parents about their child's hearing, developed for Aboriginal and Torres Strait Islander people in the NT in the following areas: • Adenoidectomy • Blow Nose • Does Baby Hear? • Ear Infections • Ear spears • Hand washing • Health Ears • Infections • Medications • Myringoplasty • Myringotomy • Pusy Ears • Spreading Disease • Tissue Spears	

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Otitis Media and Conductive Hearing Loss	Posters Large 500 * 1200cm Small - A2 size	Unknown	Phoenix Consulting 1 Phoenix Rd Nightcliff NT Ph: (08) 8948 4444 Fax (08) 8948 3838 Email: damien@phoenixconsulting.com.au Website: www.phoenixconsulting.com.au To View and Download: http://www.eartroubles.com/index.php/ear_troubles_kit	Posters designed to raise awareness about the importance and the impact of Otitis Media and Conductive Hearing Loss	Large - \$50 Small - \$10 + P&H
Pneumococcus and Otitis media	Wall Chart	Unknown	Menzies School of Health Research Building 58 Royal Darwin Hospital Campus, Rocklands Drive TIWI NT 0810 Ph: (08) 8922 8196 Ear Health and Education Unit Menzies School of Health Research PO Box 41096, Casuarina NT 0811 Ph: (08) 8922 7964 Fax: (08) 8922 7797 Email: felicity.ward@menzies.edu.au Website: http://www.menzies.edu.au/		Unknown

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
The Conductive Hearing Loss Story	DVD + Support Materials	Unknown	Phoenix Consulting 1 Phoenix Road Nightcliff NT Ph: (08) 8948 4444 Fax (08) 8948 3838 Email: damien@phoenixconsulting.com.au Website: www.phoenixconsulting.com.au To view and download: http://www.eartroubles.com/index.php/ear_troubles_kit	Kit designed to assist in the education of Aboriginal and Torres Strait Islander clients about ear health and hearing loss	\$200
The Ear Video/ DVD and the Ear Workbooks	Video/DVD	Unknown	Menzies School of Health Research Building 58 Royal Darwin Hospital Campus, Rocklands Drive TIWI NT 0810 Ph: (08) 8922 8196 Ear Health and Education Unit Menzies School of Health Research PO Box 41096, Casuarina NT 0811 Ph: (08) 8922 7964 Fax: (08) 8922 7797 Email: felicity.ward@menzies.edu.au Website: http://www.menzies.edu.au/		Unknown

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
The Snot Song	DVD	2008	Foxmormedia 12 Hirst Court, Ningi QLD 4511 Ph: (07) 3892 4373 Email: info@foxmormedia.com.au Website: http://www.foxmormedia.com.au/ Written by: Gary Fatnowna (1994) Performed by: Sammi Fatnowna To order: http://www.snotsong.com/orderForm.html	Song that encourages children to blow their nose properly to limit or prevent ear nose and throat infections and as a result limit or prevent hearing or ear health or problems	\$24.00 + P&H
	Magnets	2008	See above (The Snot Song DVD) Foxmormedia	Social Marketing Tools to raise awareness of ear nose and throat infections	\$1 each + P&H
	Stickers	2008	See above (The Snot Song DVD) Foxmormedia	Social Marketing Tools to raise awareness of ear nose and throat infections	\$1 each + P&H
	Balloons	2008	See above (The Snot Song DVD) Foxmormedia	Social Marketing Tools to raise awareness of ear nose and throat infections	\$2 per 10pk + P&H
	Complete Kit	2008	See above (The Snot Song DVD) Foxmormedia	Social Marketing Tools to raise awareness of ear nose and throat infections	\$30.00 + P&H

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Transmission of Otitis Media	Wall Chart	Unknown	Menzies School of Health Research Building 58 Royal Darwin Hospital Campus, Rocklands Drive TIWI NT 0810 Ph: (08) 8922 8196 Ear Health and Education Unit Menzies School of Health Research PO Box 41096, Casuarina NT 0811 Ph: (08) 8922 7964 Fax: (08) 8922 7797 Email: felicity.ward@menzies.edu.au Website: http://www.menzies.edu.au/		Unknown

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Activities to do on Communities When Recovering from a Heart Attack/ Activities to do on Communities When Recovering from Heart Surgery	Leaflet	Unknown	Healthy Living NT Shop 1 and 2 Tiwi Place, Tiwi, NT 0810. PO Box 40113, Casuarina, NT 0811. Ph:(08) 8927 8488 Fax: (08) 8927 8515 Email: info@healthylivingnt.org.au Website: http://www.healthylivingnt.org.au/ To download: http://www.healthylivingnt.org.au/ content/?action=getfile&id=243 / http://www.healthylivingnt.org.au/ content/?action=getfile&id=244	Poster/Information Sheet on activities that are appropriate for people	Free to download
Antibiotics Story	DVD	2005	Aboriginal Resources and Development Services (ARDS) 191 Stuart Hwy, Parap NT 0804 Ph: (08) 8982 3444 Fax:(08) 8982 3499 Email: info@ards.com.au Website: http://www.ards.com.au/ To purchase: http://www.ards.com.au/store.htm	Tells the story of the development of microscopes and the discovery of bacteria. It follows the story of how scientists learned that bacteria cause infection and the discovery of penicillin The DVD goes on to explain how antibiotics work and the need to finish a course of antibiotics in order to completely resolve infections. It also covers the problem of 'antibiotic resistance' as well as ways we can help support our immune system This DVD is in Yolnu Matha language and is intended for people from the North East Arnhem region. With English subtitles	\$126.00

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Breathing Easy	DVD	2003	Rural Health Education Foundation PO Box 324, Curtin, ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more information on the DVD and to order (you will need to register) please see the following webpage: http://www.rhef.com.au/programs/program- 1/?program_id=125	This program provides an update on the prevalence of asthma and other respiratory infections in Indigenous and non-Indigenous children in Australia It also outlines the major respiratory problems for Indigenous children and their cause	\$105
Caring For Dogs, Community and Country	RESOURCE UNDER DEVELOPMENT	2009	Animal Management in Rural and Remote Indigenous Communities AMRRIC PO Box 1296 Darwin NT 0801 Email: info@amrric.org Web: www.amrric.org To Order Contact Program Manager - Jan Allen Ph (08) 8941 8813 Email: janallen@amrric.org	Tool for Environmental Health practitioners as well as for use in community stores, schools and health centres Covers the following topics: • Ticks and Fleas • Worms • De-sexing your dogs • Caring for Country • Preventing Skin Sores • Safety around Dogs	Unknown
Dog Health in Communities - A Guide for Environmental Health Workers	Guidelines	Due to be released in April 2010	Animal Management in Rural and Remote Indigenous Communities AMRRIC PO Box 1296 Darwin NT 0801 Email: info@amrric.org Web: www.amrric.org Program Manager - Jan Allen Ph (08) 8941 8813 Email: janallen@amrric.org	RESOURCE UNDER DEVELOPMENT- Estimated that it will be available in April 2010 About dog management in Aboriginal communities	Unknown

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Healthy Skin Treatment	Flip chart		Cooperative Research Centre for Aboriginal Health Research & Menzies School of Health Research Building 58 Royal Darwin Hospital Campus, Rocklands Drive TIWI NT 0810 Ph: (08) 8922 8196 To order please contact Scabies Unit, Menzies School of Health Research Ph: (08) 8922 8196 Dr Ross Andrews Ph: (08) 8922 8668 Fax: (08) 8927 5187 Email: ross.andrews@menzies.edu.au To download please see: http://www.crcah.org.au/research/downloads/Flip-chart-treatment-2007.pdf	Flip chart designed to support the education of Aboriginal and Torres Strait Islander people about Scabies and taking good care of their skin	Unknown
Heart of the Matter - Rheumatic Heart Disease	DVD		Aboriginal Resources and Development Services (ARDS) 191 Stuart Hwy, Parap NT 0804 Ph: (08) 8982 3444 Fax:(08) 8982 3499 Email: info@ards.com.au Website: http://www.ards.com.au/ To purchase: http://www.ards.com.au/store.htm	DVD that looks at the impact of Rheumatic Heart Disease on Aboriginal people	\$88.00

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
It Takes a Community	DVD	2008	Rural Health Education Foundation PO Box 324, Curtin, ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more information and to order: http://www.rhef.com.au/programs/program-1/?program_id=31		
It Takes a Village	DVD	2008	Rural Health Education Foundation PO Box 324, Curtin, ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more information and to order: http://www.rhef.com.au/programs/program-1/?program_id=336	The program features three filmed case studies of interventions that aim to reduce isolation and build stronger networks and communities. They include a program for young mothers in Mildura, Vic; a workshop on fathering in Nowra, on the south coast of NSW; and a community-building project in Kalumburu, an Indigenous community in Western Australia This program is designed for health professionals working with or wanting to develop skills in working with Aboriginal and Torres Strait Islander communities	Free
Livin' in a House	CD/DVD	2003	Human Services Training Advisory Council 2nd Floor, Darwin Plaza Smith Street, Darwin NT 080 Ph: (08) 8981 2550, Fax: (08) 8981 9822, Email: hstac@hstac.com.au, Website: http://www.hstac.com.au	DVD that advocates safe Environmental Health practices limit the spread of infectious illnesses and other diseases – Environmental Health focus	Free for individuals, costs associated for use by an organisation

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
"No Germs On Me"	Campaign Posters/Stickers/ TV Commercials etc	2009	NT Department of Health Environmental Health 2nd Floor, Casuarina Plaza Trower Road, Casuarina NT PO Box 40596, Casuarina NT 0811 Ph: (08) 8922 7377 Fax: (08) 8922 7036 Contact to request resources and for more information	Social marketing items reminding children/ teenagers and young adults to wash their hands	
NT Keeping Fit	Poster/ Leaflet	Unknown	NT Department of Health Nutrition and Physical Activity Program: PO Box 40596, Casuarina NT 0811 Ph: (08) 8985 8021 Website: http://www.health.nt.gov.au/Nutrition_and_ Physical_Activity/index.aspx To download: http://digitallibrary.health.nt.gov.au/dspace/bit- stream/10137/132/1/keeping_fit_poster.pdf	Physical activity resource	Free
Nuthan Yalalaŋumirrku (Growing for the future)	DVD		Aboriginal Resources and Development Services (ARDS) 191 Stuart Hwy, Parap NT 0804 Ph: (08) 8982 3444 Fax:(08) 8982 3499 Email: info@ards.com.au Website: http://www.ards.com.au/ To purchase: http://www.ards.com.au/store.htm	This DVD is intended as an educational resource, giving information to people about baby growth charts and the importance of looking after babies in the first three years to benefit their future development. This DVD is in the Yolŋu Matha language and is intended to be shown in Aboriginal Communities in the north-east Arnhem Land region	\$126.00

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Preventable Chronic Disease Resource Kit - has the following flip chart contents	The Heart Story	Unknown	NT Department of Health Preventable Chronic Disease Program Central Australia PO Box 40596, Casuarina NT 0811 Health Promotion Officer - Lynette Windsor Ph: (08) 8955 6138 Fax: (08) 8952 9087 Email: lynette.windsor@nt.gov.au Website: http://health.nt.gov.au/Preventable_ Chronic_Disease/	Box of health promotion resources that the Preventable Chronic Disease Program recommends may be useful for people working in Central Australia	\$100
	Health Skin Story	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$89
	Tobacco Books	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$80
	Diabetes Keep Family Strong	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$156.50
	Diabetes 5 Part Sister Brother Info Package	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$248.50 + \$15.00 P&H
	Diabetes – Keep your Feet Healthy	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$33.30
	Strong Lungs in Children	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$70
	Short Wind Story	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	Free

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Preventable Chronic Disease Resource Kit - has the following	Gunga – an information flip chart for Aboriginal communities	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$70
flip chart contents	Toilet Book	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$22
	Well Men's Check	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	Free
	Kidney Health Discovery The Kidneys	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	Free
	The Kluneys				
	Talking About Alcohol	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	Free
	Continence Action Plan	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	Free
	Let's Take a Moment – Quit Smoking	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	Free
	Smoking Cessation Guidelines	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	Free
	Alcohol and other drugs can affect your baby	Unknown	See above (Heart Story) NT Department of Health	See above (Heart Story)	\$60

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Scabies	Flip Charts		Cooperative Research Centre for Aboriginal Health Research & Menzies School of Health Research Building 58 Royal Darwin Hospital Campus, Rocklands Drive TIWI NT 0810 Ph: (08) 8922 8196 Scabies Unit, Menzies School of Health Research Ph: (08) 8922 8196 Dr Ross Andrews Ph: (08) 8922 8668 Fax: (08) 8927 5187 Email: ross.andrews@menzies.edu.au To download: http://www.crcah.org.au/research_progam_areas/downloads/B43_scabies_flip_chart-v1.pdf	Flip chart explaining what scabies is. How to identify a scabies sore. The consequences of leaving untreated wounds and how to get treatment	Unknown
Start Strong	DVD	2006	Rural Health Education Foundation PO BOX 324 CURTIN ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more information and to order: http://www.rhef.com.au/programs/program-1/?program_id=85		\$105

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Take A Breather- Asthma management for Indigenous Australians	DVD	2007	Rural Health Education Foundation PO BOX 324 CURTIN ACT 2605 Ph: (02) 6232 5480 Fax: (02) 6232 5484 Email: rhef@rhef.com.au Website: http://www.rhef.com.au/ For more information and to order: http://www.rhef.com.au/programs/program-1/?program_id=5	The program investigates asthma among Indigenous Australians, risk factors and differential diagnostic tools, including spirometry. With appropriate information, topics include the role of asthma focus on culturally action plans in the patient self-management, current medications and use and access to devices	\$105
The Chronicle	Newsletter produced by the Chronic Disease Network	Ongoing	NT Department of Health Chronic Disease Network 2nd Floor AANT Building 81 Smith Street Darwin Ph: (08) 8922 7770 Fax: (08) 8985 8016 Website: http://www.health.nt.gov.au/Preventable_Chronic_Disease/Chronic_Disease_Network/The_Chronicle/index.aspx	The Chronicle is a bi-monthly newsletter that delivers timely updates and summaries on NT and interstate projects, innovations and related activities in the area of Chronic Disease Members of the Network are notified via email when a new edition of The Chronicle is published on line and hard copies are available upon request	Free to download

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
The Healthy Skin Story	Booklet		Cooperative Research Centre for Aboriginal Health Research & Menzies School of Health Research Building 58 Royal Darwin Hospital Campus, Rocklands Drive TIWI NT 0810 Ph: (08) 8922 8196 Scabies Unit, Menzies School of Health Research Ph: (08) 8922 8196 Dr Ross Andrews Ph: (08) 8922 8668 Fax: (08) 8927 5187 Email: ross.andrews@menzies.edu.au To download: http://www.crcah.org.au/research_progam_areas/downloads/Healthy-Skin-Story-2007.pdf	Set of flip charts that detail the skin conditions, Scabies and Tinea. Includes information about how they are contracted, symptoms and signs, basic prevention methods Designed specifically for Aboriginal and Torres Strait Islander people	Unknown
Where do Germs Live?	Flip charts	2001	Bachelor Institute of Indigenous Tertiary Education C/o Post Office, BATCHELOR NT 0845 Ph: (08) 8939 7111 Fax: (08) 8939 7100 Free call: 1800 677 095 Email: enquiries@batchelor.edu.au To order: https://www.batchelor.edu.au/files/file/batchelor_press/batchelor_press_catalogue.pdf	Set of flip charts that educate on how germs work and cause infections and basic prevention methods	\$25.00

Resource Title	Resource Type	Year Published	Where to Access	Brief Description	Cost
Yalunga - Traditional Indigenous Games	Manual/Guide- book on Physical Activity	2009	Australian Sports Commission PO Box 176 Belconnen ACT 2616 Ph: (02) 6214 1210 Fax: (02) 6214 1095 Email: isp@ausport.gov.au Website: http://www.ausport.gov.au/ To order: https://secure.ausport.gov.au/forms/indigenous_ sport_resources_order To download: http://www.ausport.gov.au/data/assets/pdf_ file/0003/197094/SP_31864_TIG_resource_FINAL. pdf	Manual with a number of traditional Aboriginal and Torres Strait Islander games. The origin and the story of the games are explained and ways in which they can be adapted for playing with modern play equipment.	Unknown

Name	Website	Details
Aboriginal Health Worker Journal	http://www.aihwj.com.au/	Journal containing articles that relate solely to the health and wellbeing of Aboriginal and Torres Strait Islander people
Aboriginal health Worker Journal/The Indigenous Health Promotion Resources Guide	http://www.aihwj.com.au/	Order for \$44.00 - has an extensive list of different health resources available Australia-wide for use with Aboriginal and Torres Strait Islander communities
Aboriginal Vascular Health Resources Catalogue	http://www.health.nsw.gov.au/pubs/2002/ pdf/aboriginal_vascular.pdf	Produced by NSW Health Vascular Health Program in 2002. Contains resources from across Australia
Australian Clearinghouse for Youth Studies	http://www.acys.info/youth_facts_and_ stats/health	Information that covers topics relating to Youth
Australian Society for HIV Medicine Inc. (ASHM directory)	http://www.ashm.org.au/default2. asp?active_page_id=191	Available in hard copy and as an online directory. Outlines all of the different sexual health services available in Australia
Australian Disease Management Association- Chronic Disease Clearing- house	http://clearinghouse.adma.org.au/ browse-resources/index.php	Not many resources specific to Aboriginal and Torres Strait Islander people currently loaded on this website
Better Health Channel	http://www.betterhealth.vic.gov.au/ Owned and developed by the Victorian Health Department	Online information source on a variety of health topics, including Aboriginal and Torres Strait Islander health
Captioned Health Education DVD and Video catalogue	http://www.mediaaccess.org.au/docs/ Health%20Catalogue.pdf	Produced in 2007 by Media Access Australia in Queensland - contains a number of video and DVD resources. Not all appropriate to Aboriginal and Torres Strait Islander people
Dental Health Education Resource Directory	http://www.healthinfonet.ecu.edu.au/up-loads/resources/16224_dheu-resource-directory-new-09.pdf	Produced by the Dental Health Education Unit in WA - contains resources that are not solely for Aboriginal and Torres Strait Islander people
Dietitians Association of Australia	http://www.daa.asn.au/	Has online directory of Dietitians across Australia and information for the general public and for Allied Health professionals

Name	Website	Details
Diabetes Outreach Australia	http://www.diabetesoutreach.org/default.	Health Education Resources and Resources for Professionals
Drug Info	http://druginfo.adf.org.au/	Online Clearing House full of information relating to illicit drug use
Fresh For Kids	http://www.freshforkids.com.au/index. html	Large number of nutrition resources and information online that is suitable for use with children/ young people
Indigenous Health Info Net	http://www.healthinfonet.ecu.edu.au	Developed by Health Promotion staff at Edith Cowan University in WA. This is an online information source of health facts, journal articles and resources relating only to Aboriginal and Torres Strait Islander health This website has also customised other websites for specific health conditions: Ear/Hearing Health
NT Department of Health Digital Library	http://www.health.nt.gov.au/Library/index.aspx	Range of information and resources in both hard copy and electronic format Offers training and assistance for accessing information
Oral Health Clearing House	http://www.adelaide.edu.au/oral-health- promotion/	Contains online information and resources regarding oral health promotion There is a dedicated section for Aboriginal and Torres Strait Islander Oral Health Promotion Free to access online
Snake Condoms Website	http://www.snakecondoms.org.au/index.php/cms/home	Online information and resources available for purchase
Tobacco in Australia	http://www.tobaccoinaustralia.org.au/	Comprehensive information on tobacco use in Australia. There is a dedicated section for Aboriginal and Torres Strait Islander people
WA Department of Health- Public Health	http://www.dohpackcentre.com.au/DOH/	Online ordering/data warehouse for Department of Health in WA
Well Women's Cancer Screening - NT Department of Health	http://www.health.nt.gov.au/Womens_ Health/Well_Womens_Cancer_Screen- ing/index.aspx	Compiled resources relevant to cervical and breast cancer and screening for both Download their resource order forms from this website. Resources specific to Aboriginal and Torres Strait Islander women are highlighted on this order form

Name	Services	Contact
Aboriginal Resource Development Service (ARDS)	Aboriginal Resource and Development Services Inc (ARDS) is an Indigenous, non-government, charitable organisation ARDS is recognized as an effective capacity building organization. Their aim is to empower the Yolngu people of north-east Arnhem Land They have a range of resources for sale, offer community and health service provider information and education and training sessions	191 Stuart Hwy, Parap NT 0804 Box 36921, Winnellie NT 0821. Ph: (08) 8982 3444 Fax:(08) 8982 3499 Email: info@ards.com.au Website: http://www.ards.com.au/default.html
AMITY Community Services	Mental health and Alcohol and other Drugs Service They provide information and counselling services in relation to • Drug and alcohol use • Gambling addiction • Eating disorders • Other psychological habits, and • STI's and other blood borne diseases	155 Stuart Highway, Parap NT 0820 GPO Box 3628, Darwin NT 0801 Ph: (08) 8981 8030 Fax: (08) 8981 8456 Website: http://www.amity.org.au/index.html
Anglicare NT	Offers a range of services from accommodation, youth, counselling, disability, prison chaplaincy, refugee and migrant, suicide intervention and aged care services	Darwin 5 Nermaluk Drive, Ludmilla NT 0820 P.O Box 36506 Winniellie NT 0821 Ph: (08) 8985 0000 Fax: (08) 8985 0001 Email: hwalker@anglicare-nt.org.au Website: http://www.anglicare-nt.org.au/
Arthritis and Osteoporosis NT	Range of fact sheets and information on Arthritis, Osteoporosis, risk factors and other bone-related illnesses	PO Box 452 Nightcliff NT 0814 Tel: (08) 8948 5232 Fax: (08) 8948 5234 Email: info@aont.org.au Website: http://www.aont.org.au/index.php

Name	Services	Contact
Department of Health and Ageing	http://www.health.gov.au/internet/main/publishing.nsf/Content/Home	Online information about the direction and scope of health and wellbeing in Australia Publications Section http://www.health.gov.au/internet/main/publishing.nsf/Content/publications-A
Australian Diabetes Educators Association	Online information and resources for Diabetes Educators to access and order Useful for Health Workers dealing with Diabetes	PO Box 3570 Weston ACT 2611 Ph:(02) 6287 4822 Fax:(02) 6287 4877 Email: inquiries@adea.com.au Website: http://www.adea.com.au/index.aspx
Australian Health Promotion Association	Online Newsletter and Journal Published by the association Useful information for health workers	NT Branch Alice Springs Post Shop PO Box 2369, ALICE SPRINGS NT 0870 Contact Belinda Inglis Email: belinda.inglis@nt.gov.au Website: http://www.healthpromotion.org.au/
Batchelor Institute	Offer education and training at a tertiary level to Aboriginal and Torres Strait Islander people, including in health disciplines: Bachelor of Primary Care Bachelor of Nursing Bachelor of Applied Science (Community Nutrition) / (Environmental health) Diploma of Community Nutrition etc	Batchelor Campus C/o Post Office, BATCHELOR NT 0845. Ph: (08) 8939 7111 Fax: (08) 8939 7100 Free call: 1800 677 095 Email: enquiries@batchelor.edu.au Website: www.batchelor.edu.au

Name	Services	Contact		
Cancer Council NT	Have a number of cancer related resources, including smoking cessation advice and training, Sun smart information and other cancer related advice	Casi House Unit 2 & 3/25 Vanderlin Drive Wanguri Ph: (08) 8927 4888 Fax (08) 8927 4990 Email: admin@cancernt.org.au Website: http://www.cancercouncilnt.com.au/default.htm		
Charles Darwin University	Largest Education and Research Institution in the NT Offer a variety of VET sector, Higher Education and post graduate courses for students. They have a well developed research profile that is focused around local issues	Casuarina Campus Ellengowan Drive Casuarina NT 0909. Ph: (08) 8946 6666 Website: http://www.cdu.edu.au/index.php		
Council for Aboriginal Alcohol Program Services (CAAPS)	The Council for Aboriginal Alcohol Program Services Inc. (CAAPS) is an Aboriginal Organisation who works with Aboriginal and Torres Strait Islander people in the area of substance mis-use prevention, including awareness information, prevention, and treatment, training and accommodation services	60 Boulter Rd Berrimah, NT 0828 Ph: (08) 8922 4800 Fax: (08) 89212 4832 Email: caaps@caaps.org.au Website: http://www.caaps.org.au/index.html		
Dietitians Association of Australia	Run a Smart eating for you program, and are a professional association of Dietitian. They have a list of locums available for employment in different states or territories and other information	1/8 Phipps Close Deakin ACT 2600 Ph: (02) 6163 5200 Fax: (02) 6282 9888 Email: nationaloffice@daa.asn.au Website: http://www.daa.asn.au/		
Dr Edward Koch Foundation	A variety of resources aimed at Aboriginal and Torres Strait Islander people	Corner of Aplin and Grafton St, CAIRNS QLD 4870 PO Box 2964, CAIRNS QLD 4870 Ph: (07) 4031 0145 Fax: (07) 4031 0744 Email: drkoch@austarnet.com.au Website: http://home.austarnet.com.au/drkoch/		

Name	Services	Contact
Fred Hollows Foundation	The Fred Hollows Foundation has an Australian and International program assisting with health and wellbeing of disadvantaged groups In Australia, FHF has a focus on Indigenous Health and Wellbeing - more specifically in the area of eye health, aural health, women's health and development, nutrition and literacy	Darwin First Floor, 38 Parap Road Parap, Northern Territory 0804 Ph: (08) 8941 5145 Fax: (08) 8941 5815 Email: fhf@hollows.org Katherine Katherine Training Centre (DET), 19 Second Street, Katherine NT 0850 Ph: (08) 8971 2193 Fax: (08) 8971 2120 Email: fhf@hollows.org Website: http://www.hollows.org.au/
GROW	Community Mental Health Run support groups, activities etc for people with mental or emotional issues or difficulties Open: Monday – Friday 10.00 am – 3.00 pm	Suite 11, Rapid Creek Business Village, 48 Trower Road, Millner NT 0810 Ph: (08) 8985 4799 Email: nt@grow.net.au Website: http://www.grow.net.au/igrow/index.php
General Practice Network NT	Formerly the Central Australian Division of Primary Health Care (CADPHC), the Top End Division of General Practice (TEDGP) and General Practice and Primary Health Care NT (GPPHCNT). The General Practice Network provides support and professional development to Health practitioners across the territory - including advocating for health promotion in practice and prevention of disease	Darwin: PO Box 2562 Darwin NT 0801 Ph: (08) 8982 1000 Fax: (08) 8981 5899 Alice Springs PO Box 1195, Alice Springs NT 0871. Ph: (08) 8950 4800 Fax: (08) 8952 3536 Website: http://www.gpnnt.org.au/site/index.cfm

Name	Services	Contact
Healthy Living NT	Healthy Living NT provides a variety of services to clients with Diabetes and Cardiac conditions in the Northern Territory. Healthy Living NT services include: National Diabetes Services Scheme Telephone, Mail and Internet Services Product Supply Membership Supporting Research Advocacy and Support Public Awareness, Health Promotion Activities Resource Development Multilingual Resources Indigenous Resources Facilitation of Education Groups Facilitation of Support Groups	Shop 1 and 2 Tiwi Place Tiwi, NT 081 PO Box 40113 Casuarina, NT 0811. Ph:(08) 8927 8488 Fax: 08 8927 8515 Email: info@healthylivingnt.org.au Website: http://www.healthylivingnt.org.au/content/?id=2
Heart Foundation NT	Provides a range of services including information, resources and professional development opportunities regarding CVD and risk factors associated with CVD Has health resources designed specifically for Aboriginal and Torres Strait Islander communities	Darwin Darwin Central Offices 3rd Floor 21 Knuckey Street, Darwin NT 0800 Ph: (08) 8981 1966 Alice Springs Shop 1, 9 Parsons Street Alice Springs NT 0870 Ph: (08) 8953 5942 Website: http://www.heartfoundation.org.au/Contact_Us/Pages/default.aspx
Lifeline	A variety of resources and online information in regard to Aboriginal and Torres Strait Islander mental health and wellbeing	PO Box 173, Deakin West ACT 2600 Website: http://www.lifeline.org.au/makeyourmark/home

Name	Services	Contact	
Menzies School of Health Research	Education and research institution which specialises in Indigenous and Tropical Health Offer a range of post graduate courses in public health, short courses and information sessions to health professionals, students and interested persons Also have an extensive research portfolio around all aspects of Indigenous and Tropical Health. Similarly they have a range of publications and information around their areas of research	PO Box 41096 CASUARINA NT 0811 Ph: (08) 8922 8196 Fax: 08 8927 5187 Email: info@menzies.edu.au Website: http://menzies.edu.au/	
NT Cardiac Support Group	Support Group for people who have suffered cardiac related illnesses.	2 Peuce Place, Alice Springs, NT 0870. Ph: (08) 8953 3290	
Public Health Association of Australia	PHAA have online publications including: Australian and New Zealand Journal of Public Health • Factsheets • Newsletters • Government Submissions • Policy documents	National Office Keep Australia Beautiful Building Units 2 & 3, 20 Napier Close, Deakin ACT 2600 PO Box 319, Curtin ACT 2605. Ph: (02) 6285 2373 Fax: (02) 6282 5438 Email: phaa@phaa.net.au Website: http://www.phaa.net.au/aboutUs.php	

Name	Services	Contact	
Relationships Australia	Relationships Australia offers the following services: Professional Training and Development Family and Relationship Courses Counselling Parenting Skills Courses Workplace Services Family and Youth Services For a complete list please visit: http://www.relationships.com.au/what-we-do/services/services-summary	Ph: 1300 364 277 (cost of a local call) Freecall Counselling for Remote Areas: 1800 634 405 Darwin 43 Cavenagh Street, Darwin NT 0800. Ph: (08) 8943 2999 Fax: (08) 8981 6190 Alice Springs 4/11 Railway Terrace, Alice Springs NT 0870 PO Box 8367, Alice Springs NT 0871 Ph: 08 8950 4100 Fax: 08 8952 5878 Website: http://www.relationships.com.au/where-we-are/nt	
School of Indigenous Knowledge Systems	Offers a variety of Indigenous Courses in both VET and Higher Ed – including a Bachelor of Indigenous Knowledge	You can locate the School in Building Blue 3. at the Charles Darwin University Campus Ellengowan Drive Casuarina, NT 0909 Ph: (08) 8946 6482 Fax: (08) 8946 6345 Email: saiks@cdu.edu.au	

Useful Health Resources Directory

Aboriginal and Torres Strait Islanders Health Education Resources

Northern Territory Department of **Health**

Health Promotion Strategy Unit

Health Development Branch

PO Box 40596 Casuarina NT 0811