



CLINIC 34

Free, Confidential Sexual Health Service

CLINIC 34 is a specialist sexual health service for the assessment and treatment of sexually transmitted infections (STI) and blood borne viruses (BBV), including HIV/AIDS. All services, including medication, are free.

Services offered by Clinic 34 include:

- 1. Blood borne virus (BBV) Services**
HIV antibody testing with pre and post test counselling.
Specialist treatment services for HIV related conditions (including access to antiviral therapies and clinical trials) and testing for hepatitis B and C.
- 2. STI (Sexually Transmitted Infections) Services**
Self referral for investigation, diagnosis, treatment and management of all sexually transmitted infections.
Referral service from General Practitioners and other primary carers for sexual health issues.
- 3. Sex Industry Worker's health care**
Screening and treatment for STI's, vaccination for hepatitis A and hepatitis B. Advice and information on safe sex practices.
- 4. Needle and syringe program**
Distribution of free sterile needles and syringes.

WHAT TO EXPECT WHEN YOU COME TO THE CLINIC

Consultation

The health care provider will ask you some questions to find out the most likely cause of your problems or decide which tests should be performed in your case. You may need to be examined and this will involve taking tests. This will be discussed with you at time of consultation.

Tests

Some tests can be done while you wait, others take several days before we know the results.

Please do not pass urine for 1-2 hours before your appointment as it may be necessary to test your urine.

Treatment

If the examination and tests show you need treatment you may be given some pills or injections on the spot or you may need to come back for treatment later. It is very important that you complete the full course of treatment even if symptoms disappear.

Follow-up

You may need to come back to the clinic for more tests or treatment. Be sure to find out if and when you need to come back or contact us for results.



Privacy and Confidentiality

All information you give is strictly confidential. Only Clinic 34 staff have access to the records kept for your care and treatment. All tests use a coded system to protect your privacy.

We keep these records so that each health professional involved in your care at Clinic 34 has all the facts needed to provide you with the most suitable and safest treatment.

We will not disclose information about you without your consent, except where this is authorised or required by law. For example, the *Notifiable Diseases Act* requires information about persons with certain communicable diseases to be advised to the Centre for Disease Control.

If you want to access your records at any time, please talk to the staff at the clinic, who will explain how this may be arranged.

HOW TO TELL IF YOU HAVE AN STI?

The following signs and symptoms could mean that you have a transmissible infection and should have a check up:

- A discharge (pus, blood or fluid) from the penis, vagina or rectum.
- An offensive odour from the vagina or penis.
- Pain or burning when passing urine.
- Sores, blisters or lumps on the penis, vagina, anus or surrounding area.

REMEMBER: many STI's cause minor or no symptoms.

Clinic 34 is a training centre for Aboriginal health workers, registered nurses and medical students. At times your permission may be requested for students to attend at your consultation. Your voluntary participation would be appreciated.

Clinic 34
Ground Floor, Health House
87 Mitchell Street, Darwin
Telephone (08) 89 992678
for an appointment

Clinic Days

Monday to Friday

For an appointment ring 89 992678

**Sexual health services are available in regional centres
by contacting your local Centre for Disease Control.**

Alice Springs	89517549
Tennant Creek	89624250
Katherine	89739049
Nhulunbuy	89870358