



Dietitian

If you are interested in food, nutrition and health, enjoy communicating with people and have an aptitude for science – an exciting future lies ahead of you when you become a qualified dietitian.

What does an Dietitian do?

Dietitians apply the art and science of human nutrition to help people select food to attain, maintain and promote health. Dietitians work with people, families and communities. They are involved in assessing people and communities nutritional status, and provide advise and support to encourage people to make health food choices. They are also involved in nutrition research and education for clients and other health professionals.

What training can you do in the NT to become a Dietitian?

To become a dietitian you need to complete one of the DAA accredited courses in nutrition and dietetics. These are available in Western Australia, Queensland, New South Wales, Victoria and South Australia. If you undertake a Bachelor of Nutrition and Dietetics you can do the first 2 years of the Bachelor at NTU then apply to transfer to Flinders University South Australia (FUSA). There is also a sub quota of up to 4 students from the NTU for the FUSA Master of Nutrition and Dietetics.

Career Opportunities

The wide range of job opportunities and working conditions for dietitians will enable you to develop a wide variety of interests and skills and use them in many different workplace situations.

- **Patient Care** – Working as part of a health care team in hospitals and nursing homes, dietitians are responsible for assessing nutritional status of patients, planning appropriate diets and educating clients and their families.
- **Public health and nutrition education** – Dietitians are involved in planning, implementing and evaluating community nutrition and health education programs in urban and remote communities. Dietitians also work with government bodies to set nutrition policies at a Territory and National level and are interested in health planning.
- **Food service and management** – Dietitians combine management skills and nutrition expertise in managing food service systems in settings such as hospitals, nursing homes, meals on wheels and commercial operations.

Salary

Salaries in the NT public system are in accordance to the professional scale.

Link to Office Commission Public Employment for current Salary Scales:

http://www.nt.gov.au/ocpe/public_sector/rates-of-pay/general.pdf

For more information please contact:

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